



## MEDIA RELEASE

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### **Mental health crisis house moves to new central location**

Turning Point has opened the doors of a new adult mental health crisis house following a move to new premises close to the centre of Leicester.



The crisis house, commissioned by Leicestershire Partnership NHS Trust, provides short-term intensive support for adults in Leicester, Leicestershire and Rutland who need extra help during times of mental health crisis. It supports individuals to avoid unnecessary hospital admissions.

The new facilities were unveiled at an open day event for guests from Turning Point and the Leicestershire Partnership NHS Trust.

The crisis house has a total of six beds and is staffed 24 hours a day, ensuring a safe, therapeutic and non-clinical environment in which people can access crisis support.

Originally launched in January 2015 from premises in Ratby, the crisis house now offers access to 24 hour support, including daily one to one sessions with staff that will help you to learn and use coping strategies and develop a personalised recovery support plan, from refurbished, centrally located premises on Cardinals Walk in the city.

Turning Point took over provision of the crisis house contract in May and expanded the support available to include a free 24-hour crisis helpline, outreach services at

eight locations across Leicestershire and Rutland and peers supporters offering additional help and support for people staying at the crisis house.

Karen Russell Haines, Operations Manager at Turning Point, said: “The crisis service supports people to build resilience, empower long-term recovery and provides people with the tools to manage future crises, rather than just giving people a short-term fix. One way in which we do this is through Open Voice, a forum for ex-service users to receive ongoing support and provide feedback on the service.”

Dr Pete Miller, chief executive at Leicestershire Partnership NHS Trust, said: “The crisis house provides a great addition to the pathway of acute mental health care for the people of Leicester, Leicestershire and Rutland, providing sanctuary and support for people who need it for short periods.

“The new location will make access to the crisis house even easier. This, combined with the other innovations introduced by Turning Point, including crisis cafes, online support, peer supporters and a 24-hour helpline, will help in our shared vision for timely, personalised care focusing on recovery and resilience for the future.”

Turning Point’s Crisis House for Leicester, Leicestershire and Rutland offers support to people aged 18 and above who are experiencing a mental health crisis. For more information, visit <http://wellbeing.turning-point.co.uk/leicestershirementalhealth/>, or call 0116 2392 390.

**-ENDS-**

1. Turning Point is a social enterprise providing support for people who have complex needs. We have over 50 years’ experience of working with those affected by drug and alcohol misuse, mental health conditions, offending behaviours, unemployment issues and people with a learning disability to discover new possibilities in their lives.
2. Leicestershire Partnership NHS Trust (LPT) provides community health, mental health and learning disabilities services for the one million people living in Leicester, Leicestershire and Rutland. We have a budget in excess of £275 million and employ approximately 5,500 staff. For more information visit: [www.leicspart.nhs.uk](http://www.leicspart.nhs.uk).
3. For further details please contact Tom Vine, Media and Communications Officer at Turning Point on 0207 481 7632 / [tom.vine@turning-point.co.uk](mailto:tom.vine@turning-point.co.uk).