

## MEDIA RELEASE

---

28 June 2018

AMH.LD\_16\_18P

### **Families asked: ‘Drop in to shape mums’ mental health care’**

More than 10 per cent of women experience mental ill health during pregnancy or within the first year of having their baby.

These can range from depression, anxiety disorders and bipolar affective disorder to psychotic disorders such as schizophrenia and postpartum psychosis.

Now an NHS team providing specialist psychiatric support for mothers in Leicestershire and Rutland is calling on families to help them shape service improvements for the future.

Leicestershire Partnership NHS Trust’s community perinatal mental health team is hosting a drop-in event at the Bradgate Mental Health Unit on the Glenfield Hospital site in Leicester on Saturday 7 July.

The team provides support at or close to home for mothers with moderate to serious mental health needs, both before and following delivery of their babies. The service provides care for more than 400 women in the community each year.

Now they are inviting new and expectant mums who have experienced mental ill health – and their families – to meet staff from the service and share their experiences.

The aim is to help identify any gaps in the service currently provided, to hear what people would like to see improved, to identify what’s working well and to find out what more can be done to support women and their families in the crucial lead up to birth and the months that follow.

Clinical team lead, Margaret Ball explained: “We want to hear the views and experiences of families to help us identify gaps in the service we deliver.

“We want to hear from the community to help us provide the best service we can and welcome views from the whole family. For example, we would like to include group work in the support we provide and are keen to hear what service users and their loved ones feel about this.

“The day will also be an opportunity for anyone with concerns or questions to come along and chat to our team members and find out more about the service and the care and support we provide.”

Refreshments are being provided and children will be welcomed at the drop-in session, in the Involvement Centre, just off reception at the Bradgate Mental Health Unit, Glenfield Hospital Site, Groby, LE3 9EJ.



Ample free parking is available nearby. More information is available by phoning 0116 225 6846.

If you cannot attend but want to share your views, you can email [feedback@leicspart.nhs.uk](mailto:feedback@leicspart.nhs.uk)

Further information about the service is available in this [LPT YouTube film](#)

- Picture shows a still from the film.

-ends-

## NOTES TO EDITORS

1. **Leicestershire Partnership NHS Trust (LPT)** provides community health, mental health and learning disabilities services for the one million people living in Leicester, Leicestershire and Rutland. We have a budget in excess of £275 million and employ approximately 5,500 staff. For more information visit: [www.leicspart.nhs.uk](http://www.leicspart.nhs.uk)

2. **Raising Health** is our registered charity (number 1057361) which raises funds to support LPT's excellent care initiatives, equipment and innovations which go above and beyond core NHS provision, to enhance the experience of our patients, service users and staff. [www.raisinghealth.org.uk](http://www.raisinghealth.org.uk)

**For further information contact:** Sheila Ashton, communications manager for adult mental health and learning disabilities services Tel: 0116 295 0042, Email: [sheila.ashton@leicspart.nhs.uk](mailto:sheila.ashton@leicspart.nhs.uk)