

MEDIA RELEASE/Photo and interview opportunity

27 September 2017

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What: Leicestershire's first Recovery Roadshow event

When: Thursday 5 October 10am-3pm (Lord Mayor arriving 1.30pm)

Where: The Involvement Centre, Bradgate Mental Health Unit, Glenfield Hospital site, Leicester LE3 9EJ

Roadshow will showcase mental health recovery support

Leicestershire Partnership NHS Trust (LPT) is hosting a roadshow event in Leicester to showcase the mental health recovery support available across Leicestershire and Rutland.

The Lord Mayor of Leicester, Councillor Rashmikan Joshi will be among the guests at the event, which will bring a range of mental health recovery organisations from across the area together under one roof.

These include NHS services, local authority and third sector groups and services.

As well as a range of display and information stands, the roadshow will feature arts and free entertainment.



This includes work by Loughborough-based Charnwood Arts' RawArt and Mancraft groups.

The Bradgate Writers' group, directed by acclaimed writer, performer and director Nick Field, will present 'A Visitor Calls', in a performance from their new anthology which will be on sale, and the LALU ukulele ladies, a bilingual music for wellbeing group which is supported by LPT, will also perform.

Marie McGranaghan, team manager for recovery services with LPT, (pictured) explained the aims of the day.

She said: “A user survey by Quality Health last year highlighted that only about a third of respondents had someone from mental health services supporting them with either signposting to or attending local activities.

“We wanted to improve this and we know there are a lot of services in the community, many people are simply not aware of them or don’t know how to access them.

“With our roadshow event we are aiming to help service users, carers and the wider public to navigate and connect the various sources of support that are available to them.

“Health and social care staff should also be able to leave the event feeling better equipped to tell the people they work with what help is out there and how to find it.”

Lord Mayor of Leicester Cllr Rashmikan Joshi said: “I have been involved in the field of mental health for a number of years and have chosen to support the work of local organisations and charities working with health and mental health issues throughout my year.

“This roadshow is a great opportunity to showcase the work of these organisations and provide a comprehensive insight into the issues facing many people across the city. It is the ideal platform to raise awareness”

It is hoped the roadshow will be the first in a series of events in community locations, to help raise awareness and visibility of the range of sources of support available.

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NOTES TO EDITORS

1. **Leicestershire Partnership NHS Trust (LPT)** provides community health, mental health and learning disabilities services for the one million people living in Leicester, Leicestershire and Rutland. We have a budget in excess of £275 million and employ approximately 5,500 staff. For more information visit: www.leicspart.nhs.uk

2. **Raising Health** is our registered charity (number 1057361) which raises funds to support LPT’s excellent care initiatives, equipment and innovations which go above and beyond core NHS provision, to enhance the experience of our patients, service users and staff. www.raisinghealth.org.uk

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