

MEDIA RELEASE

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LPT launches community digital heart failure service with Spirit Digital

Spirit's Digital remote monitoring platform to help stop hospital admissions and improve patient health

The Leicestershire Partnership NHS Trust has gone live with a new, community Digital Heart Failure service to support patients diagnosed with heart failure. The service, which is based on the CliniTouch Vie digital remote monitoring platform from Spirit Digital, aims to stop people going into hospital and improve clinical outcomes through remote monitoring and empowerment services. It helps clinicians quickly identify when a person exhibits health deterioration and helps patients to know what to do next to help maintain their long-term health and wellbeing.

Put simply it is:

Enabling patients to stay out of hospital and manage their condition at home;

Connecting patients and nurses through technology to deliver care easily, safely and within available resources;

Empowering patients to learn more about their condition and nurses to be confident about the health status of their patient.

Using CliniTouch Vie, up to 50 patients on the Digital Heart Failure service will take daily biometric readings which are provided directly to a clinician web-based management portal. Specialist clinical staff will remotely connect with patients, also daily, to provide health and wellbeing advice in line with the local care pathway, while dynamic care plans and evidence-based algorithms enable

automatic triage for the healthcare team. Additionally, the system provides patients with self-management education modules, which they can go through at their own pace and at a time that suits them, to empower them to better understand and control their condition.

Dr Sudip Ghosh, research clinical director for Leicestershire Partnership NHS Trust, comments: “Maximising clinical resource is increasingly critical to both the healthcare economy and patient outcomes. We were particularly interested in digital health to achieve this because when you look at the literature, the research based around digital health solutions for chronic disease indicates that telehealth and telemonitoring are one of the solutions shown to be effective, especially in heart disease and heart failure.”

He adds: “We are delighted to have partnered with Spirit to provide this service. They were able to work with us to improve the quality of digital solutions we were providing, not only in terms of the breadth of patients we can support, but also the system itself, which is a very enhanced user-friendly system that both patients and clinicians have welcomed.”

CliniTouch Vie is a market ready, CE marked, proven digital solution, comprising a locked-down tablet, which is provided with integrated 3G for intensive monitoring, education and empowerment with integrated direct messaging and video support. It is fast, simple and quick to implement for the most at-risk patients. The data within CliniTouch Vie tablet is stored securely within the cloud and hosted on the N3. All devices are pin-code access and set up for each patient to maintain the integrity of the system access. CliniTouch Vie represents a patient centric approach to extend care access, improve quality and lower the cost of care pathways.

Emma-Jane Roberts, managing director, Spirit Digital, a division of Spirit Digital, comments: “We are proud to be working with the Leicestershire Partnership Trust to offer this new Digital Heart Failure service. Our vision is for digital technology to be part of clinical pathways to facilitate earlier discharge, prevent readmissions, reduce risk of future exacerbations and improve self-management, whilst maximising clinical capacity.”

Dr Ghosh concludes: “Spirit has been supportive, forthcoming and provided solutions which the NHS has accepted because it has been forward thinking.”

ENDS

About Spirit Health Group

Working in partnership with patients, the NHS and local government, Spirit adopts a collaborative approach that:

- Educates and empowers patients to increase the value of self-care
- Facilitates improvements in primary care delivery
- Delivers substantial savings on prescribing expenditure
- Provides lifestyle services to support behaviour change
- Utilises proprietary digital platform and wearable technology to deliver reductions in hospital admissions

With an emphasis on clinical outcomes, Spirit's fully managed clinical service delivery focuses on the improved delivery of primary care and the provision of long-term condition management and lifestyle services, empowering people to take control of their health.

99% of people would recommend Spirit's cost effective, nationally accredited long-term condition management programmes to their friends and family.

Spirit's prescribing efficiency programmes showcase a different approach to medicine optimisation, with proven, auditable outcomes. By providing the resource to deliver an active approach to formulary adoption, supporting clinicians and patients alike, the Spirit model has driven 700% greater savings in the treatment of Type 2 diabetes than more traditional approaches, without compromising on quality.

Spirit Digital is a clinically knowledgeable, evidence-based, patient-centric service, which is designing, developing and delivering Technology Enabled Care Services through a cloud-based digital connected care platform. By implementing ClinTouch Vie into care pathways to improve healthcare cost efficiencies, Spirit Digital helps to reduce healthcare reliance and distress and discomfort from conditions exacerbations, and has demonstrated a 67% reduction in unplanned respiratory admissions.

Spirit's award-winning approach is underpinned by market leading technology.

www.spirit-healthcare.co.uk

About Leicestershire Partnership NHS Trust

1. Leicestershire Partnership NHS Trust (LPT) provides community health, mental health and learning disabilities services for the one million people living in Leicester, Leicestershire and Rutland. We have a budget in excess of £275 million and employ approximately 5,500 staff. For more information visit: www.leicspart.nhs.uk
2. Raising Health is our registered charity (number 1057361) which raises funds to support LPT's excellent care initiatives, equipment and innovations which go above and beyond core NHS provision, to enhance the experience of our patients, service users and staff. www.raisinghealth.org.uk .