



Leicestershire and Rutland's
Community and Mental Health Charity



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Raise a cuppa to celebrate the NHS turning 70

Leicestershire Partnership NHS Trust have begun their 70 day countdown to the NHS turning 70, by launching their NHS Big7Tea - a chance for people up and down the country to come together and toast 70 years of the NHS on Thursday 5 July.

Host your own tea party and invite friends, family and colleagues along to mark the occasion and support the vital work of NHS charities, including LPT's very own charity Raising Health.

The humble cup of tea has a long and proud associations with the NHS. Originally served to patients in traditional fine cups with saucers and side spoon, tea was considered an important aspect of patient satisfaction and recovery. Tens of thousands of patients enjoy tea in NHS hospitals, clinics and GP surgeries every day. Tea brings us all together. It breaks down social boundaries, and like the NHS and NHS charities, is a symbol of comfort and community.

Dr Peter Miller, chief executive says: "I know how busy we all are and the NHS needs our support more than ever; we shouldn't lose sight of the great everyday achievements that NHS staff make. I hope you are going to join me and the rest of the organisation in celebrating the NHS's 70th birthday on 5 July. It's a wonderful institution and I'm really proud to work in it, where our staff demonstrate outstanding care and compassion every day, at times when it is needed the most. Thank you to all our staff for your continued commitment to the Trust and to the NHS."

There are more than 250 NHS charities across the UK. Most of them focus on helping our hospitals do more, whilst others support mental health trusts, community health trusts and ambulance trusts.

Raising Health is the charity of Leicestershire Partnership NHS Trust. The charity funds equipment, projects and improvements to enhance the care we give to our patients on our wards, clinics and in their own homes. Donations to Raising Health support physical and mental health care for local people, across all ages. Some previous examples include physical activity equipment for the Bradgate Mental Health Unit, Whizzybug electric wheelchair for therapeutic use with very young children who have limited mobility, Therapeutic garden for patients with advanced

dementia and chest-clearing vests for very poorly children at risk of recurrent chest infections, to keep them out of hospital.

The NHS Big 7Tea will raise awareness of the vital work of NHS charities and let the public know how to support them, for instance by making a donation or offering to volunteer.

Host your own tea party, celebrate 70 years of the NHS and raise vital funds to help us go above and beyond with our charity **Raising Health**. To download your free NHS Big 7Tea pack visit www.leicspart.nhs.uk/nhs70

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NOTES TO EDITOR:

Leicestershire Partnership NHS Trust (LPT) provides a range of health and wellbeing services mainly for people living Leicester, Leicestershire and Rutland. The Trust serves a population of one million, has a budget in excess of £282 million and employs approximately 5,400 staff. For more information visit www.leicspart.nhs.uk

LPT's registered charity is called **Raising Health** (charity number 1057361). The charity fundraises to support excellent care initiatives, equipment and innovations which go above and beyond core NHS provision to enhance the experience of our patients, service users and staff. See www.raisinghealth.org.uk

Raising Health is part of NHS Charities Together, a group of more than 70 NHS charities, which have come together to celebrate the 70th anniversary of the NHS and raise awareness of the work that NHS charities do by launching the NHS Big 7Tea. For more information visit: www.nhsbig7tea.co.uk

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