

# MEDIA RELEASE/PHOTOCALL

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6 July 2018  
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## **NHS colleagues take on wheely big charity challenge for NHS at 70**

On Saturday (7 July) - to mark the NHS' 70<sup>th</sup> birthday - colleagues from Leicestershire Partnership NHS Trust (LPT) will undertake a 119-mile whistle-stop cycling tour of Trust bases.

Their aim is to raise money for the Road to Recovery appeal, to provide a mini gym at LPT's Stewart House mental health rehabilitation unit to support patients' recovery with physical activity.

Matthew Wakely (right) team manager of the mental health access team based at the Bradgate Mental Health Unit, and Mike Ryan (left) LPT's resilience and security manager will cycling for just over nine hours to visit nine different LPT bases across Leicester, Leicestershire and Rutland. They will also be joined by Ross Jackson (not pictured), who son of LPT's medical staffing advisor, Ashley Jackson. Their last stop will be Stewart House.

Mike and Ross will also be completing the Prudential Ride London challenge on 29 July, with the sponsorship money from this challenge going straight into the Road to Recovery appeal.

Matthew will also be riding the Prudential Ride London, to raise money for RUOK – a multi-agency campaign to promote mental wellbeing across Leicestershire and Rutland.

You can donate to the team's Road to Recovery fundraising bids below:

<https://www.justgiving.com/fundraising/michael-ryan14>

<https://www.justgiving.com/fundraising/ross-jackson8>

Matthew will also be tweeting when they reach each base – you can follow the journey virtually at [www.twitter.com/ruokmatthew](http://www.twitter.com/ruokmatthew)



**Media photo opportunities on Saturday 7 July:**

- **Bradgate Mental Health Unit (Groby Road, LE3 9EJ)** – Matthew and Mike will be setting off from here at approximately 5am.
- **Loughborough Hospital (Hospital Way, Loughborough, LE11 5JY)** – they will arrive at approximately 5.30am.
- **Coalville Community Hospital (Broom Leys Road, Coalville, LE67 4DE)** – arrival at approximately 6.10am.
- **Hinckley & District Hospital (Mount Road, Hinckley, LE10 1AG)** – arrival at approximately 7.10am.
- **Feilding Palmer Hospital (Gilmorton Road, Lutterworth, LE17 4DZ)** – arrival at approximately 8am.
- **St Lukes Hospital (33 Leicester Road, LE16 7BN)** – arrival at approximately 9am.
- **Rutland Memorial Hospital (Cold Overton Road, Oakham, LE15 6NT)** – arrival at approximately 11.40am

- **Melton Mowbray Hospital (Thorpe Road, Melton Mowbray, LE13 1SJ)** – arrival at approximately 12.30pm
- **The Willows (Cordelia Close, Leicester, LE5 0LE)** - arrival at approximately 2.10pm.
- **Evington Centre (Gwendolen Road, Leicester, LE5 4QG)** – arrival at approximately 2.23pm.
- **Stewart House (The Rise, Leicester, LE19 4SL)** – arrival at approximately 3.13pm.

If you would like to send a photographer to one of these points, or wish to arrange an interview, please advise us by emailing [sophie.ion@leicspart.nhs.uk](mailto:sophie.ion@leicspart.nhs.uk) so that we know to expect you.

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#### **Note to editors**

Leicestershire Partnership NHS Trust (LPT) provides community health, mental health and learning disabilities services for the one million people living in Leicester, Leicestershire and Rutland. We have a budget in excess of £275 million and employ approximately 5,500 staff. For more information visit: [www.leicspart.nhs.uk](http://www.leicspart.nhs.uk). Our registered charity is called Raising Health (charity number 1057361). The charity fundraises to support excellent care initiatives, equipment and innovations which go above and beyond core NHS provision to enhance the experience of our patients, service users and staff. See [www.raisinghealth.org.uk](http://www.raisinghealth.org.uk)

#### **For further information contact:**

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