

## MEDIA RELEASE

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### Medical trainees celebrated at a dedicated awards event



(L-R: Lesley Thoms, Samuel Tromans, Hannah Fosker, Kristian Roberts, Shiraz Iqbal)

Leicestershire Partnership NHS Trust (LPT) celebrated the achievements of their trainee medical staff at an awards ceremony.

At any one point, LPT has more than 80 medical trainees at different grades. These individuals are medical graduates who are undertaking training in speciality areas, preparing them to practice in the UK.

Consultants placed nominations which were then seen by a shortlisting panel for ranking. The panel consisted of: Dr Judith West, director of medical education, Dr Mohammed Al-Uzri, associate medical director for Research and Development, Dr

Fabida Noushad, consultant and clinical director, and Ashley Jackson from medical staffing.

There were 13 shortlisted nominees in total at the inaugural awards ceremony on Friday 27 July.

Awards were given to trainees at three grades: Core Trainee/Fellow, Speciality Trainee and Foundation Year 1.

The Core Trainee/Fellow Award was given jointly to Kristian Roberts and Lesley Thoms.

Kristian was nominated for his 'enthusiasm and energy for education and training'. He has been studying for a diploma in medical education, alongside supporting the placement of a physician's associate on the ward, and developing a guide for on-call doctors covering Langley ward out-of-hours. He said: "Thank you, bit of a surprise to be honest. Time to make some space on the mantelpiece!"

Lesley's nominator said that she is 'everything you would expect of a high performing, committed trainee. She has shone in all aspects of her role including patient care, multidisciplinary team working, service improvement and research'. Upon receiving her award, Lesley said: "Thank you very much for this, it's quite amazing. Much like everyone else here, I just try my best and work hard. We are only as good as the team around us and I think my teams support has enabled me to work as I have done."

The Speciality Trainee Award, presented by Dr Peter Miller, chief executive at LPT, was given jointly to Hannah Fosker and Samuel Tromans.

Hannah, who drove two hours from her holiday in Gloucester specially to attend the event, was nominated for her 'excellent clinical skills' alongside a list of achievements, such as: writing a chapter for an Oxford University Press book (Women's Voices), developing a workshop called 'Introduction to Clinical Psychiatry' for school students considering a career in medicine or psychiatry, as well as completing a PGCert in medical education.

After receiving her award, she said: “Thank you and well done to everyone who got nominated. Thanks to the team on Ashby ward and the outpatient ward who are lovely.”

Sam Tromans’ nominator said that he ‘is diligent with his clinical decision making’, as well as being an ‘active member of the trainee resilient work stream’. Sam said: “Thank you to both the teams I work with at Agnes Unit and the University. I feel like this is more in recognition of working in a great team (rather than just of myself). I’m very grateful for my team. Thank you to my family as well!”

The final presentation led by Dr Judith West, the Foundation Year 1 Award, was awarded to Shiraz Iqbal, foundation doctor. Praised in his nomination for showing ‘excellent leadership skills’ and for being ‘pro-active (and having) a good relationship with patients’, Shiraz said: “I feel like I’m at The Oscars! I’d like to thank all the staff on the ward. It’s been a great journey and I’ve had a brilliant time.”

All winners received a trophy and certificate, and were filmed at the end of the event to help create a video to recruit future medical trainees.

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## **NOTES TO EDITORS**

Leicestershire Partnership NHS Trust (LPT) provides community health, mental health and learning disabilities services for the one million people living in Leicester, Leicestershire and Rutland. We have a budget in excess of £275 million and employ approximately 5,500 staff. For more information visit: [www.leicspart.nhs.uk](http://www.leicspart.nhs.uk).

Raising Health is our registered charity (number 1057361) which raises funds to support LPT’s excellent care initiatives, equipment and innovations which go above and beyond core NHS provision, to enhance the experience of our patients, service users and staff. [www.raisinghealth.org.uk](http://www.raisinghealth.org.uk)

For further information contact: Sophie Ion, External Communications Officer, Leicestershire Partnership NHS Trust, Tel: 0116 295 0994, E: [sophie.ion@leicspart.nhs.uk](mailto:sophie.ion@leicspart.nhs.uk)