



Better care together

A partnership of Leicester, Leicestershire
& Rutland Health and Social Care

MEDIA RELEASE

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‘Healthier In Mind’ event invitation – 27 September

Local communities are invited to a free mental health event, hosted by health and social care providers across Leicester, Leicestershire and Rutland, to help shape future mental health support.

Better Care Together* partners across Leicester, Leicestershire and Rutland (LLR) launched the ‘Healthier in Mind’ conversation in June this year, to better understand what local people need. The survey received nearly 1000 responses.

The ‘Healthier In Mind’ initiative is a commitment to working together to provide the best care and support, and to develop an LLR-wide mental health strategy for and by all of our local communities. The engagement activity was supported by the local voluntary and community sector Health and Social Care Forum, alongside activity held by health and social care organisations and local businesses.

Dr Peter Miller, chief executive of Leicestershire Partnership NHS Trust, the local provider of NHS mental health services, is the senior responsible officer for mental health on behalf of the Better Care Together partnership. He explains why it is important to get involved:

“You may or may not have needed to use mental health services before but we are all likely to experience a change in our mental health at some point. The question is if it did happen, what support might you need? It is important that as we talk more about mental health, that we have the right support in place, not only by statutory services but so that we can support communities to support each other.”

The event will be held on 27 September at NSPCC, Gilmour Close, Leicester, LE4 1EZ . It’s an opportunity to find out more about what people said in the Healthier in Mind survey, and to help shape the future of mental health services.

It will feature a range of activities to get involved in, as well as the opportunity to talk to key people from the organisations that are responsible for local mental health care and services.

To register your attendance, visit www.healthierinmind.eventbrite.co.uk

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Invitation to Healthier In Mind Event

27 September 2017

NSPCC, Gilmour Close, Leicester, LE4 1EZ

Come and find out what local people said in this summer's Healthier in Mind survey. Give us your views and tell us what is important to you.

The event will feature a range of interactive activities for you to get involved with as well as the opportunity to hear from and ask questions to key people from organisations that are responsible for local mental health care and services.

Everyone has mental health. We are committed to listening to your thoughts and ideas to improve mental health in Leicester, Leicestershire and Rutland.

Register to attend at:
www.healthierinmind.eventbrite.co.uk

NOTES TO EDITORS

*The mental health workstream of Better Care Together includes representatives from NHS, social care, voluntary sector, police and probation across Leicester, Leicestershire and Rutland.

Better Care Together (BCT) is a significant programme of work which will transform the health and social care system in Leicester, Leicestershire and Rutland (LLR). It brings together partners, including local NHS organisations and councils, to ensure that services change to meet the needs of local people.

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