

LPT News

...providing integrated community health, mental health and learning disability services

May 2018

Welcome to the latest stakeholder briefing from Leicestershire Partnership NHS Trust - where we share our latest news. For more regular updates visit our website www.leicspart.nhs.uk or twitter @LPTnhs.

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Transforming all-age mental health and learning disability services



Following the successful [Healthier In Mind campaign](#) launched in June 2017 by the Better Care Together mental health partnership board, and using the key themes identified by local people around what matters most to them in supporting their mental health, we have begun co-designing improvements of mental health and learning disability services through our 'All-Age Transformation' programme.

An extensive engagement programme has been undertaken with staff, patients and carers, and partner organisations, to design high level pathways to improve access, assessment, treatment and discharge for service users. The focus has been on co-designing improvements in the quality of services, giving patients more time with clinicians, and providing the best experience throughout their care.

The five-year transformation programme has been inspired by learning from Northumbria Tyne and Wear Foundation Trust, who transformed from a CQC 'requires improvement' to 'outstanding' rating. Read the summary updates at www.leicspart.nhs.uk/allagetransformation, and look out for news soon on further engagement workshops in late June and July to focus on adding more detail to pathways, interventions and recovery.

Building on co-ordinated community health services

During this last year we have been undertaking a large-scale improvement programme for our community nursing teams. This was designed to help us meet the challenges of increasing demand at a time when the national recruitment shortage has made recruitment increasingly challenging.

The work has involved pioneering a computerised planning tool with our software supplier, to work out the most efficient way to visit numerous patients on a given day. We have also improved the skills of healthcare support workers to allow them to administer insulin to patients; streamlined record keeping; improved the way we match staff to the tasks required on a given day; and revised care plans so they meet the needs of both staff and patients. Just one of the benefits being realised is an 85% reduction in the time doing manual record keeping, allowing more time to be spent on clinical care.



Leicester arts roadshow celebrates NHS 70-year history



A unique arts exhibition celebrating the 70-year history of the NHS has been unveiled in Leicester before embarking on a county-wide NHS roadshow.

Paintings, sketches and poetry feature among more than 60 pieces of work now on display at the Attenborough Arts Centre on Lancaster Road, in Leicester.

The work was created by mental health service user artists who attend the ArtSpace arts project, based at The Attenborough Arts Centre. The project is delivered by LPT in collaboration with BrightSparks: Arts in Mental Health Group. [media release](#)

Invitation to Armed Forces Day special event

LPT will showcase local support for serving and ex-military personnel, reservists and their families at a special public event on Friday 22 June. It comes a year after LPT made a formal public commitment to the military community by signing the Armed Forces Covenant.

Men, women and families from the Armed Forces community, LPT staff and local organisations are invited to the NSPCC in Leicester between 1.30pm and 4pm on 22 June to learn more about some of the local support, services and activities available in Leicester, Leicestershire and Rutland, and hear what LPT is doing to support and signpost veterans, reservists and families to services and activities that help meet their needs. [Read more](#)



Leicestershire landmarks help transform dementia wards

The two specialist dementia wards at Evington Centre have received a £140,000 transformation to create better ward environments for patients with dementia. The wards have been made much brighter, and decorated with large images of Leicestershire landmarks such as Bradgate Park, Leicester railway station, the Clock Tower, the Magazine, New Walk Museum and Art Gallery, Abbey Park, and Leicester Castle. They have helped to create improved therapeutic benefits in



the specialist wards, which accommodate 21 men and 21 women with moderate to advanced stages of dementia.

Laura Belshaw, LPT's deputy head of service and lead nurse, said "We have chosen key places of interest from around Leicester that patients and visitors will know and will have memories from to support reminiscence and meaningful conversations. It has generated positive interest from other clinicians about how they can improve their patient areas through art." Find out more about the dementia "Colour my Memories" [fundraising appeal](#)

Innovative workforce changes with ward-based pharmacists



LPT are one of the first trusts in the region to introduce ward-based pharmacists to administer drugs to inpatients. It is hoped that there will eventually be a pharmacy technician on every inpatient ward.

The pharmacy technicians are carrying out the morning and afternoon drug rounds, educating patients about how and why they should take their medication once discharged, and liaising with community pharmacies to ensure discharged patients get the right medicines if their prescriptions change.

New technique helps team heal long lasting wounds

A project developed by LPT to heal long term wounds has been highly commended by the international Journal of Wound Care Awards. The innovative pathway follows recent research on wounds that fail to heal. It was discovered that in certain circumstances a low-level bacterial infection called a biofilm formed over the wound, creating a covering that was impenetrable to conventional dressings and immune to medication. The pathway involves physically removing unhealthy tissue (the biofilm) and antimicrobial dressings.



[Read more](#), including John's story (age 78) of how the procedure has transformed his life, from avoiding social contact and considering amputation of his leg due to painful leg ulcers, to finally getting more mobile and reconnecting with his family.

More than 55,000 local children vaccinated against flu

Between October and the end of December 2017, our children's community immunisations service administered the nasal flu vaccination to 55,817 primary school children across Leicester, Leicestershire and Rutland (LLR), including offering it in school to Reception age pupils for the first time. The free nasal flu vaccination was offered to 89,821 children across 361 schools and units in LLR: that's an impressive average of 1,195 primary school children each day.



New film about the National Child Measurement Programme



We have created a short film about the National Child Measurement Programme aimed at parents and carers of children in Reception and Year 6. The film, which is hosted within the parents section of our Health for Kids website (www.healthforkids.co.uk) explains how the measurements are carried out in school, and signposts to the support available for a healthier family lifestyle.

Move it Boom continues to inspire the athletes of the future

The latest iteration of our award-winning physical activity competition for primary school children, Move it Boom (www.healthforkids.co.uk/moveitboom) was launched in March 2018 with a focus on simple activities that children can try indoors at home to build their strength, flexibility and stamina.

To mark the launch, mascots from local sports clubs, including Leicester City Football Club, Leicester Tigers, Leicester Riders and Leicestershire County Cricket Club, braved the snow to take part in a race from the centre of Leicester to three local schools. The mascots were joined by Denise Larrad, the Hinckley based winner of the 2017 BBC Sports Personality of the Year 'Unsung Hero' award. At the end of the race, the mascots came together at Braunstone Grove for a celebratory event hosted by Braunstone Children's Centre.



Leicester Prison healthcare update



Prison and healthcare staff at an arts exhibition

Leicestershire Partnership NHS Trust's contract to provide healthcare services at Leicester Prison came to an end on 31 March.

Healthcare staff supporting the prison transferred to Nottinghamshire Healthcare NHS Foundation Trust on 1 April, when they took over as interim providers until a new contract is awarded. We have worked closely with them to support transferring staff and ensure a smooth transition and continuity of care for patients at the prison.

LPT's pharmacy service continues to provide a full medicines management service to the prison, on behalf of Nottinghamshire Healthcare. Jules Galbraith, head of adult community, recovery and rehab and learning disabilities services at LPT said: "We are proud of the quality of care provided by our team at Leicester Prison since we took over provision of the service in 2013."

Recovery College 'at forefront' of mental health recovery

Our Recovery college, which provides free courses for people with experience of mental illness, has been hailed as being 'at the forefront of a global wave' that could transform mental health recovery.

That's according to Prof Mike Slade, a pioneer in research into mental health recovery, who has been working with LPT's Recovery College as part of a one-year pilot study. He was speaking at a special 5-year anniversary event organised by the college.

This summer the college launched its biggest prospectus to date, with a total of 38 free courses at 11 different venues including a new course in Coalville for the first time later this month. New courses include a six-week exercise programme, "Healthy Body, Healthy Mind" and a course from the Department of Work and Pensions providing guidance on Universal Credit and health-related benefits and financial advice. Download or share the [Summer prospectus](#) now!

