

## Podiatry Service

The Service aims to keep people mobile by providing medical treatment and advising patients on how to maintain the health of their feet.

Treatments are carried out in a clinical environment to maintain standards for the safety of both patients and staff. It also means that there is access to specialist equipment if it is needed.

Podiatry is also available privately, however if you are receiving treatment within the NHS for a specific problem this treatment should not overlap with private care.

The NHS Podiatry Service does not provide routine or day to day cosmetic care which may be obtained from other providers.

### **We DO -**

- Assessments of feet and lower leg
- Provide podiatry treatment as appropriate
- Provide advice on foot health of all age groups
- Provide surgical treatment for in growing toenails
- Provide care for patients whose feet may be at risk, for example, of developing an infection
- Arrange and explain the discharge procedure
- Provide foot health training for carers

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## **We DO NOT -**

- Give cosmetic pedicures which are intended to improve appearance only
- Undertake nail cutting for those without medical or physical problems that prevent them from caring for themselves

## **Cost**

At present there is no charge for Podiatry within the NHS.

## **How to access the NHS Podiatry Service**

For information or advice, please telephone the Podiatry Appointments Office:

Podiatry Appointments

Tel: 0116 2255118

Lines Open: Mon – Fri 9am – 4pm