

## Join our all-age mental health and learning disabilities transformation

We're on a five-year journey to transform care in all our mental health and learning disabilities services, through improvements co-designed with service users, carers, staff and other stakeholders



We recognise that mental health and learning disabilities services delivered by our Trust can be greatly improved. We have committed to a 5-year transformation programme to design and make improvements.

It is essential we do this hand in hand with our service users, carers and partners. We are absolutely committed to co-designing our new services with people who use the services, individuals who work in the services, organisations that interact with services and people that want to see the services improved.

It will be the biggest transformation journey we have ever been on...

### Why?

Our transformation programme will address increasing demand and capacity issues to improve quality, efficiency and overall experience for all. We are committed to bringing our service users and staff along with us on that journey to design excellent services.

Dr Peter Miller, chief executive of LPT has introduced the transformation as: “the mental health and learning disabilities system as a whole is fractured. [There are] significant pressures - large caseloads, many people still waiting a long time for support and the system not always making it easy for people to get the support when they need it. We need to do something radically different if we are to work as a system and mend the fractures. With your insightful involvement, I believe we can redesign our system to work well for all.”

### The journey so far

Our journey has been inspired by the learning of [Northumberland Tyne & Wear NHS Foundation Trust](#) as they transformed to become an 'outstanding' rated Trust. By adapting their methodology to suit our local area, we are embarking on our own 5-year journey in

partnership with staff, service users, carers and stakeholders to create radical difference in the way we support people who need mental health and learning disability services.

We began that journey with partners across Leicester, Leicestershire and Rutland with the Healthier In Mind engagement campaign. We are now embarking upon our very own 'All-age transformation'. Stage one of the programme has been running over the last few months. We have engaged many people through numerous events and meetings, on what they consider excellent services would look like. These have formed [a set of principles](#) that set out what we need to deliver through the transformation changes.

## Get involved in Stage 2 of the programme

Please continue to get involved in helping us to shape how future mental health and learning disabilities services could be delivered. Stage 2 of the programme is about designing more specifically a 'high level pathway' for how patients gain access to services, identify their needs (assessment), get the help and treatment they need and move on from services well (discharge). These different common stages of a patient's journey will be designed through four week long workshops (where patients, carers, staff and stakeholders are working together) supported by 'feed-in' events across the region.

The design weeks will be happening as follows:

- 5-9 March **Access** - how people can find support and care
- 19-23 March **Assessment** - how people can have their needs identified
- 9-13 April **Treatment** - how people receive the right support and care
- 19-23 April **Discharge** - how people move on after getting support and care

Please get involved by either providing your views online or by attending events being held by Voluntary Action Leicester or at the NSPCC on a Monday and Wednesday of each design week (see details below).

## Co-design weeks (March to April 2018)

- [This poster details how to sign-up to feed in online](#). You will also be able to feed in by visiting the LPT website from 4pm to before 8pm on the Monday and Wednesday of each design week.
- This poster details [feed-in events we are holding at the NSPCC](#)
- This poster details [feed-in events being held by Voluntary Action Leicester](#)
- This [link takes you to our webpage](#) with all the resources and details from each day, so that you can feed in your views online via our survey during each co-design week. Please use this link during the co-design weeks if you'd like to feed in online.

## What happens after the co-design weeks?

- May 2018 – March 2019 (Stage 3): more detailed design will take place across all specific patient pathways building on the high level pathways designed above.
- April 2019 – March 2022 (Stage 4&5): testing the new design, publishing the new model and implementing the changes

## Find out more

For more information email [MHLTransformationteam@leicspart.nhs.uk](mailto:MHLTransformationteam@leicspart.nhs.uk) or visit our [webpage](#).

Follow us on Twitter using hashtag #AllAgeTransformation