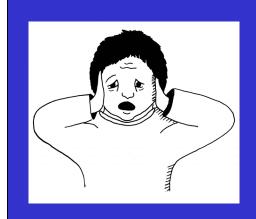# Mental Health and Learning Disabilities

Psychosis

PSYCHOSIS

What is Psychosis?

Psychosis is a type of mental illness.

What can happen in Psychosis?

People can experience the following:

Hear people talking when nobody is around

Seeing things which are not really there

Develop false beliefs

Behaving in an odd manner

Difficulty in thinking clearly

Losing interest in daily activities

PSYCHOSIS

What causes Psychosis?

Psychosis is seen in:

Schizophrenia

Mania

Severe Depression

Delirium

Use of street drug such as Cannabis can sometimes lead to psychosis

If you want to know more about it, you can speak to your Psychiatrist or Community Nurse.

What can help in the treatment of psychosis?

Medications known as antipsychotics can help to treat psychosis.

Talking to your doctor, nurse or psychologist.

Doing some exercises can help you feel better.

Participating in activities that you like.

Help and support

	Your doctor: …………………………….. Telephone Number: …………………………….
	Your Psychiatrist: Dr S Bhaumik Telephone Number: …………………….
	Your Community Nurse: ……………………. Telephone Number: ………………………….
	Other professionals involved:
Patient ❤ UK The same health information as provided by GPs to patients during consultations	Other resources: www.patient.co.uk www.mind.org.uk