

All Age Transformation –Co-design Workshop for ASSESSMENT to mental health and learning disability services

Mid-Week Summary

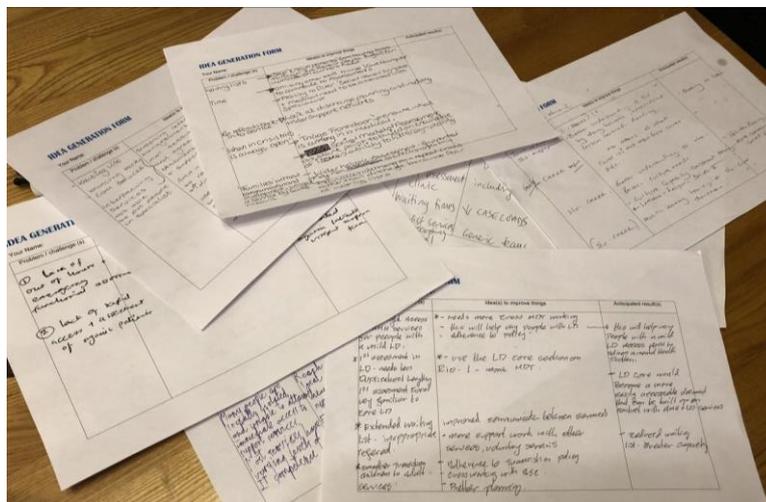
Highlights:

The beginning of the week was opened by Helen Thompson setting out the intention for the week to design how move from accessing service (discussed in the previous week-long workshop) into completion of an assessment with a clear agreed plan for support/treatment.



Day one...

The first day was focused on thinking about what the purpose of assessment is, the problems with the way it works now, good practice now and ideas to make it better.



That evening service users, carers and staff fed their views in about the problems, good practice and ideas.



Day two...

The whole morning was spent reviewing all the contributions made by the people feeding in and the group used them to summarise into key themes, which they then formed key questions around. The themes included:

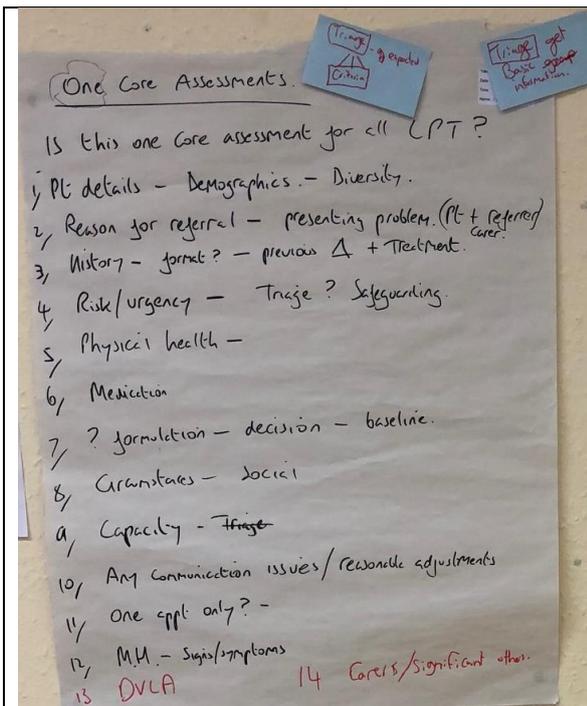
- Assessment completed using an MDT approach
- Documentation/recording - to have a good core assessment that is built on across patient journey
- Adjustments to best meeting the diversity of people accessing services needs to be taken into consideration
- Consider a specific approach for people previously known to the LPT services
- Right skills for assessment
- Approach/model - Holistic and bio-psycho-social approaches to assessment
- Multi-Agency / VCS role with assessment

The group then split into four and explored a topic each:

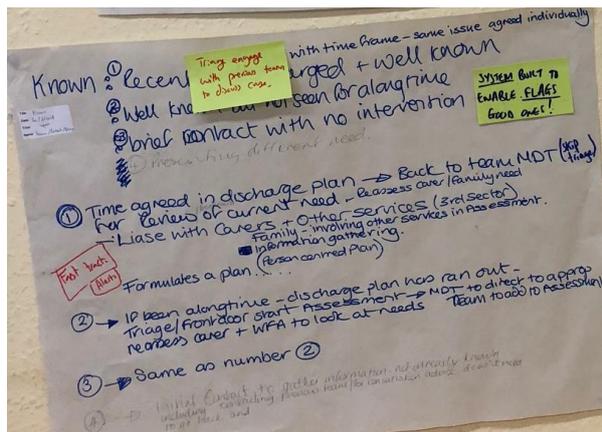
- How many different MDTs would be needed for assessment and what did they look like
- What would be in the core assessment for every need
- What skills are needed for assessment
- What difference in approach should be taken for people previously known to LPT services when assessing need

One core assessment

The group produced some initial thinking around what should be included in the core assessment.



Individuals being referred or self referring for support when previously known



In discussion around how to best support people previously known to service there were a few initial thought:

- that there needed to be flags on the electronic system to highlight particular actions that should be taken.
- That there needed to be good discharge plans to guide people on what to try or where to go if the individual has a recurrence of issues.
- That the central access point team should discuss the referral with the last team

that had seen the individual to support planning of next steps.

Skills

There was discussion around the importance of experienced staff undertaking assessment, having good training and supervision and support for them.

MDT approach to assessment

There was initial discussion around potential high-level pathways that led to different MDTs to assess needs. These initially included the following suggested high level pathways for assessment:

- Children's
- Learning Disabilities
- Psychotic
- Neuroses
- Eating disorders

- Organic
- Complex

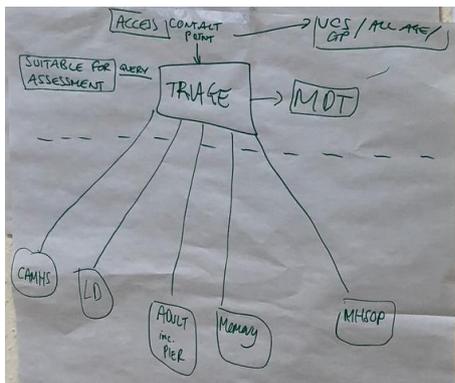
It also considered assessment as being undertaken through an MDT one stop approach:

- Has experienced clinical staff assessing needs
- Physical tests (incl. bloods, ECG etc) undertaken and interpreted

Day 3...

The previous day's work was summarised and sent to the feed in sessions and online feed in that is running at the end of the day.

The beginning of day three ran through the work of the previous day and then explored, discussed and debated the different high-level pathways that had been suggested. After lengthy debate the group was split into four smaller groups all focused on what high level pathways may work better than the ones initially proposed. The outputs of this group work were then discussed at length before a proposed alternative set of pathways were formed and further consideration of how triage could work.



The team will review the contributions of the online and feed-in groups, adjust the proposals accordingly and then provide more detail about how to improve assessment.

Follow the design through twitter [#AllAgeTransformation](#) and find out more at the [Leicestershire Partnership Trust website](#).