

MEDIA RELEASE

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National award for Leicestershire Community Nursery Nurse

A Leicestershire Community Nursery Nurse has beaten off competition from across the UK to be named “Community Nursery Nurse of the Year.”

Barbara Evans was nominated for her outstanding work helping to develop the role of Community Nursery Nurses in the area. Barbara was one of the first Community Nursery Nurses in Leicestershire 18 years ago. She is now based at Hinckley and Bosworth Community Hospital, working alongside Health Visitors at the Earl Shilton and Barwell GP practices.

At an awards ceremony in London, Barbara was described as a “beacon of good practice” for her work in helping to standardise national practice and support colleagues. She said, “It felt a little embarrassing, but wonderful to hear I had won the award, I think it’s recognition for our service and all community nursery nurses.”

Community Nursery Nurses provide physical, emotional and spiritual care to children, support parenting and help develop play as a means of communicating with children and encouraging learning.

Working as part of health visiting teams, Community Nursery Nurses from the Leicestershire Partnership NHS Trust typically visit families at home to offer a range of support and advice such as helping parents to encourage healthy eating, which includes supporting weaning and breastfeeding. They promote good post-natal mental health, which might include helping mother-baby interaction, through baby massage, for example. They also play a key role in assessing and supporting the development of a child. This might include performing the two-year developmental assessment that every child receives, or supporting parents through dealing with behaviour problems or toilet training, for example.

Other community venues where Community Nursery Nurses are often based include health centres, GP surgeries and children's centres.



Photograph: Alison Wall (left) from the Feeding for Life Foundation presents Barbara (right) with her award at the first ever Community Practitioners' and Health Visitors' Association (CPHVA) Awards - a celebration of "innovation, hard work and dedication."

Note to editors

LPT provides a range of health and wellbeing services mainly for people living in the city of Leicester and the neighbouring counties of Leicestershire and Rutland. We serve a population of one million and employ around 6000 staff. LCPT is a social care provider which champions inclusion and access to social resources for all – the organisation has a 30 year history of developing new services in order to meet the needs of people in Leicester, Leicestershire, Rutland and surrounding regions.

Our mission: To advance health and wellbeing for you and your community

Our vision: To become an integrated Foundation Trust with a passion for quality and excellence

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