

MEDIA RELEASE

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Young people – help us to better design CAMHS services

Young people across Leicester, Leicestershire and Rutland are invited to an event to hear about how they can get involved and help shape young people's mental health services of the future.

The Child and Adolescent Mental Health Service (CAMHS) across Leicester, Leicestershire and Rutland, provided by Leicestershire Partnership NHS Trust (LPT) are looking to find young people, who are currently using CAMHS services or have been discharged in the last two years, who would like to be part of a Young Person's Advisory Board.

The Board is being set up so the CAMHS staff and young people can jointly discuss and plan ways to improve Leicester, Leicestershire and Rutland's CAMHS services and to make it more young people friendly.

Some of the work that the Board will be involved in, includes

- Consulting
 - Discussing different services and how they can be improved
 - Designing services together
 - Be part of the interview panel for recruitment
 - Designing resources – developing information leaflets etc.
- Market research
 - Establishing support from other organisations that work with CAMHS
 - Seek feedback and comments from social groups
- Developing campaigns
 - Social media and web presence
 - Stigma campaigns

Hayley Cocker, Service User co Design Co-ordinator, at Leicestershire Partnership NHS Trust, said: "This is a fantastic opportunity for young people to help shape the services we provide for them. Working with young people in this way means we can

design and provide services that better meet the needs of the people that rely on them.

“We are looking for young people that are 13 years or older, are currently under CAMHS or that have been discharged within the last 24 months. You can bring a relative with you to the event and we look forward to seeing as many young people there as possible.”

The event is being held on Friday August 14, 2015 between 1pm and 3.30pm at Highfields Children’s Centre, Youth Wing, 20 Barnard Close, Leicester, where young people can find out more about the Young Person’s Advisory Board and what would be involved if they were to become a group member.

For more information or to register at the event please contact Hayley Cocker, Service User co Design Co-ordinator on 0116 295 6597 or email Hayley.cocker@leicspart.nhs.uk.

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NOTES TO EDITORS

Leicestershire Partnership NHS Trust (LPT) provides a range of health and wellbeing services mainly for people living Leicester, Leicestershire and Rutland. The Trust serves a population of one million, has a budget in excess of £267 million and employs approximately 5,400 staff. For more information visit: www.leicspart.nhs.uk.

For further information contact:

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