



Introducing Healthy Together

An overview for special schools



Welcome to Healthy Together

Healthy Together is the name for the 0-19 Healthy Child Programme services (largely health visiting and school nursing services) which will continue to be provided by Leicestershire Partnership NHS Trust (LPT) in Leicestershire and Rutland and in Leicester City (from 1 July) under new contracting arrangements. We look forward to building on our well-established relationships in local neighbourhoods to continue providing local families with the care they need, including targeted support and early intervention where appropriate. However, because the overall service specification has changed, you will see some differences in the way we work. Time limited packages of care for individual children and their families will be offered where public health needs are identified. The infographic overleaf outlines our care pathways.

Changes to our ways of working

The new contracts bring some changes to job titles and the way we provide support in special schools. Healthy Together will be delivered by 'Public Health Nurses' and 'Healthy Child Programme Nurses' (both previously known as school nurses), by 'Healthy Child Programme Practitioners' (previously known as Specialist School Nurse Support Workers) and 'Healthy Child Programme Support Workers' (previously School Nurse Assistants).

Public health nurses (school nurses) will not be based in special schools as was the case previously in Leicestershire and Rutland. Clinical support within the school will be provided through separate contracting arrangements, and will not be covered by Healthy Together. The standard operating guidance which informs school nursing practice will be made available digitally on our website (www.leicspart.nhs.uk) from July.

Young people of senior school age in special schools will be offered the option of a weekly drop-in clinic with a public health nurse, where the school deem it to be appropriate, and all special schools will have the option of monthly drop-in sessions for parents. The named public health nurse for the school will negotiate each school's particular arrangements for these sessions. Schools can speak to their named public health nurse to make a referral in relation to health and wellbeing concerns such as self-harm, smoking, nutrition, diet and minor illnesses.

We are working closely with special school representatives, parents and young people to develop confidential health and wellbeing assessments for special school senior pupils.

Communicating with us

Schools

Special schools will be notified before the end of the summer term of the name of their public health nurse to ensure a smooth transition for September.

Young people

Young people can text a public health nurse to access confidential advice via our secure messaging service, ChatHealth. Public health nurses will be discussing ChatHealth with individual special schools not currently using this service.

- In Leicester the text number is 07520 615386
- In Leicestershire and Rutland young people should text 07520 615387

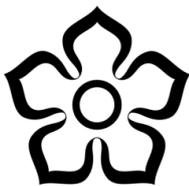


Parents and carers

The ChatHealth service is also available for parents and carers if they have concerns about their child's health, and would like to contact a health professional. They should text:

- In Leicester: 07520 615381
- In Leicestershire and Rutland: 07520 615382

ChatHealth operates Monday-Friday from 9am until 5pm, and during this period messages are responded to within 24 hours. Outside these times, users receive a 'bounce back' text message indicating that they will receive a response when the line re-opens.



Leicester
City Council



Healthy Together



Community
 Building community capacity
 Health profiles
 Health fairs

High impact area health campaigns
 Asset based community development work

