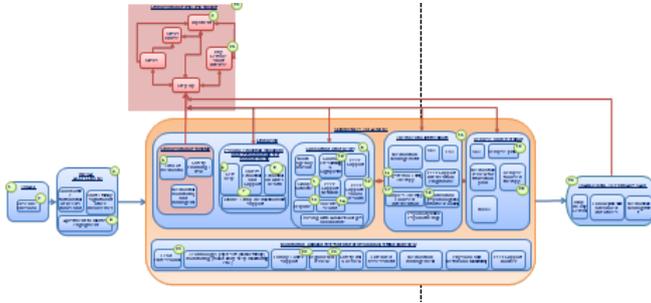


How to read a pathway

A pathway represents a diagram of the types of treatment that a person in our care may receive.

- Start with the main diagram that looks like this:



- This diagram provides information on the key phases of treatment and what the key elements and treatments in them are likely to be. It is read by starting on the left and following the arrows that outline a possible patient journey.
- These diagrams are designed to outline every possible option and how they link together rather than indicating this is what every patient would get.
- The numbers refer to the key which is on a separate sheet.
- There are also another set of diagrams that look like this:



- These represent the options specific condition.
- They provide much more detail about the treatment of that condition. They usually contain a number of interventions that could be used with some guidance on the order they should be used in, the timescales involved and when formal reviews should be held.
- These specific pathways would be delivered within the main pathway. For example, the specific pathway for moderate to severe depression has no mention of physical and metabolic monitoring. However, the main pathway does so we would still expect it to be a consideration for patients on this pathway.
- As with all parts of the pathway these represent a guide that can be modified if, after consultation with the patient and team, the lead professional believes it is necessary.

Two questions to keep in mind

These pathways have been designed to be applicable to everyone in our care with the possible exception of those with severe learning difficulties alongside the condition in the pathway.

There are two sets of questions we would like you to keep in mind whilst reading the pathways.

1. Will this pathway meet the needs of every group within our care?
 - For example, does it meet the needs of older people?
 - If it does not meet the needs of a particular group what additions would have to be made?

2. Are there any areas of care that we currently offer that are not covered by any of the pathways?
 - Whilst we are not looking to change every element of the way we deliver care unnecessarily we want to ensure nothing is missed by accident.

The more specific you can be the more helpful your answer will be to us. Please forward your feedback to MHLDTtransformationteam@leicspart.nhs.uk