e-newsletter

Issue 159: 15 May 2014

Updates and news

Honorary Professorship for Adrian Childs

We are proud to announce that Adrian Childs, our Chief Nurse has been appointed Honorary Professor of the Health and Sciences Faculty at the De Montfort University. Adrian who joined us in July 2013 will be contributing to educational programmes for both undergraduates and post graduates nurses’ courses. He will be delivering master classes and working to advance nursing skills and develop the nurses of the future.

Adrian said: “I feel honoured to be appointed Honorary Professor of the Health and Sciences Faculty. I am looking forward to strengthening the relationship between us and the University to be able to help guide the nursing studies to inform the future of the profession.” Read more on media release.

Health visitor receives Queen’s award

Debbie Bromley, Specialist Health Visitor has been awarded the prestigious title of Queen’s Nurse (QN) by community nursing charity The Queen’s Nursing Institute (QNI).

The Queens Nurse title demonstrates a commitment to high standards of patient care, learning and leadership. Nurses who hold the title benefit from developmental workshops, bursaries, networking opportunities, and a shared professional identity.

Debbie said: “I am delighted that I have received the Queens Nurse title as I consider it a great privilege to have my commitment to improve standards of care recognised at a national level.” Read more on media release

“Our experience, Our care” – week 3
During week 3 of the Patient Experience Campaign the Trust is celebrating how ‘We Join Things Up For You’. FYPC’s Care Navigators do just that on a daily basis. They work in local communities and offer the following support:

- helping families to get the right services to help their child
- helping professionals share information more easily
- helping families to get and attend appointments they need

One of the Care Navigators explained an issue that came to their Clinical Neighbourhood Forum this week. A peripatetic teacher for the deaf raised concerns about the health and wellbeing of a young deaf pupil at a local school. The Care Navigator arranged for school staff to attend the Clinical Neighbourhood Forum where discussions with FYPC staff about the child and the family's needs resulted in an appointment for the whole family at an emotional health and wellbeing clinic.

The school expressed their relief at how good it was to get the bigger picture and how their concerns were now minimised. Just one excellent example of how ‘We Join Things Up For You’ at LPT.

Next week’s promise is ‘We are there for you’. If you or your team would like to share an example of what you are doing on this topic, please contact the Patient Experience team via Jacqui Fowler on 0116 295 7673 or email jacqui.fowler@leicspart.nhs.uk

Introducing the Sonas™ programme

The Sonas™ programme is a therapeutic communication activity primarily for older people, which focuses on sensory stimulation, in the belief that the senses are the gateways to communication. Speech and Language Therapists, Occupational Therapists, OT technical instructors and Health Care Assistants from the Evington and Bennion Centres have been trained in delivering Sonas™ therapy.

Since implementing the therapy programme we have found that our patients who have participated in the group and individual sessions have demonstrated positive signs of wellbeing, improved communication throughout the session and have enjoyed the calming environment. It is the first time that this training has been delivered to a large group from the same organisation and we hope to continue using this therapy to benefit our patients across the inpatient MHSOP setting.

Listening into Action

Tell us what affects your wellbeing at work – Tuesday 3 June
We want you to be emotionally and physically healthy and we aim to ensure that you have opportunities at work to improve your health and wellbeing. There are already several specific initiatives in place to support you, such as the priority staff physiotherapy service, ‘Time Out’ team workshops and emotional resilience training. But we can do more. We now want to expand the range of support available and need your views.

We are holding a half-day Listening into Action-style event to bring together staff from across the organisation to tell us what affects your health and wellbeing at work and what would enable you to fulfil your potential. The event is from 9.30am - 12.30pm (including lunch) at the NSPCC National Training Centre, Beaumont Leys. Book your place with Lindsey.bond@leicspart.nhs.uk or call 0116 2953447

**Improving care through research – Thursday 5 June**

Share your thoughts with the Research and Development Team to help increase the numbers of service users and colleagues that participate in high quality research. We need your views on how to engage patients and staff to help provide the best possible care through research. More information and booking details here

**Infection prevention and control – Tuesday 10 June**

The Infection Prevention and Control Team are holding a short and informal event for frontline staff.

The aim is to get your views on how they can work more effectively with you, and support the infection prevention and control agenda in keeping our patients free from harm.

From 9.30am to 12.30pm (including sandwich lunch) at the NSPCC training centre, Beaumont Leys. To book your place email Jennifer.Parkes@leicspart.nhs.uk

**Engage on the equality agenda – Friday 13 June**

We recognise the benefits of equality and the value it adds when delivering our services or considering employment practices. It is important that our service users receive health care services that are fair and delivered with dignity and respect. We want to make a positive difference to the lives of our service users and the people we employ. We can only do this by ensuring that you have a say in the way we deliver our services and the way we implement our policies and practices.

We want to know what we are doing well, what we can do better and whether there are any gaps in our plans. Come along and give us your views at our engagement and involvement event at NSPCC, 3 Gilmour Close, Leicester, LE4 1EZ from 10am to 12, followed by light lunch. To book your place contact the Equality team - equality@leicspart.nhs.uk
Let’s talk about team time – Tuesday 17 June

When they work well teams generate exceptional loyalty, commitment and achieve amazing results. Sometimes though, they can get knocked off course by poor communication, or paralysed by politics, negative emotions and wasted energy. In our big staff conversation events many staff said that they wanted to be able to take time out to reflect on what they are doing and be clear about where they are heading.

The importance of teamwork for building morale, having a common goal and achieving success cannot be underestimated, so we’re holding a short and informal Listening into Action-style event to find out what might prevent you from fulfilling your potential as a team. Whether you are a manager or work as part of a team, we’d like to hear your views. The event will take place from 9.30am to 12.30pm (including a sandwich lunch) at the NSPCC National Training Centre, Beaumont Leys.

International Nurses Day

The International Nurses Day event took place on Monday at De Montfort University commemorating Florence Nightingale’s birthday, 12 May. Chief Nurse, Adrian Childs was one of the key note speakers at the event. He reflected on the way the nursing profession has progressed over the years starting from Florence Nightingale’s time right through to today. He also talked about the future of the nursing profession. Staff from across all divisions were there for the day to promote the various projects and work taking place across the Trust.

A sense of place

Rutland Memorial Hospital recently held an opening to showcase artwork made by artists from Charnwood Arts. A ‘Sense of Place’ is a arts project which is inspired by what patients have said they miss about being at home, what makes them feel at home in the hospital environment and the location and the surroundings of the hospital. This includes 10 framed pieces of art which will be permanently displayed in the hospital, a vintage corner cabinet and various other pieces. Tim Sayers, Arts in Health Coordinator said “The ‘A Sense of Place’ artworks wonderfully demonstrate the benefits of the arts in improving physical and mental health through participation in arts activity. They also enhance the ward environments for the benefit of all. I would like to express my sincere gratitude to all those involved with this project.”

Policies, advice and information

Reminder – Dress code and uniform policy

A quick reminder that jeans/denim are not considered to be appropriate work wear for LPT staff. We have a dress code and uniform policy in place that gives guidance on what is the acceptable attire at Trust’s premises.
Warning – contracts for display screens or adverts for legal services

A reminder to ask that you not enter into any written or verbal agreement with any party requesting to place either screens or cards at our premises advertising legal services. Refer any enquiries from potential service providers, including suppliers of advertising screens, appointment cards and other media, to the Procurement Department, who will be able to review and negotiate any potential arrangements.

The Department of Health has had a long-standing policy that certain types of advertising (like tobacco, ‘no win, no fee’ solicitors) should not be supported within NHS premises because of the risk of such advertising carrying the implied support of the NHS. Read more here.

Interpretation and translation services

Please be reminded that the Ujala service has now taken over from Pearl Linguistics service for any translation or interpretation services. See good practice guide and interpreting policy links.

Health and Safety Compliance team new office

Health and Safety Compliance team have relocated to the Riverside Building at Bridge Park Plaza. Specialist Advisors in Health and Safety, Emergency Planning, Fire, Security, Medical Devices or Moving and Handling should be contacted via their mobile numbers (through the global address book). Alternatively general enquiries can be forwarded to healthandsafety@leicspart.nhs.uk. Team information can be found by visiting the Health and Safety Compliance page of the staff website Health and Safety Compliance

Weight management programme

Due to the on-going success of the LEAP weight management programme, Leicestershire Nutrition and Dietetic service have secured additional funding to expand the service to cover all districts and make it available to all members of the public. For more information see the poster and ring 0116 222 7154

Learning and Development

The Learning and Development team have published the training and development taking place next month, June’s training activities. If you are responsible for organising training and would like to add your events, please send details to Jennifer.toan@leicspart.nhs.uk

Mandatory training requirements

All managers should receive a mandatory training staff status report each month. These are sent by Learning & Development to each division at the beginning of the month to help managers keep track of what mandatory training their staff require and when they are next due to attend. When reviewing your staff status report for your area please check that the correct training needs have been identified for your teams. Having the correct training requirements will not only make your compliance figures more accurate, but it also helps Learning & Development to plan the right number of courses throughout the year. If incorrect training has been identified for your staff please email nicola.ward@leicspart.nhs.uk and we will work with you to correct it.
Spaces still available

Spaces are still available on the following mandatory courses in June: Adult Basic Life Support & MAPA Disengagement Update Cluster (10 June), Adult Basic Life Support, Moving and Handling & SCIP-UK Cluster (9 June & 10 June / 30 June & 1 July), MAPA Disengagement Update - half day (19 June / 24 June). To book a place please contact Learning & Development on 0116 225 3669 or learninganddevelopment@leicspart.nhs.uk

Tissue viability training

Here’s May’s and June’s dates of Tissue Viability training sessions.

Improve your English and Maths for free

Do you want to improve your English writing and reading skills? Do you need to improve your maths skills to enable you to access further study? We have a free course available for you to book a place on. To reserve your place on this course please email the Widening Participation team wideningparticipation@leicspart.nhs.uk or call 0116 225 5485

Leadership and Development Diploma

We are piloting a Level 5 ILM programme in Leadership & Development aimed at staff in junior/middle management roles typically bands 5-7. The programme will take place over 18 months and will lead to a fully recognised Institute of Leadership & Management (ILM) Diploma in Leadership and Management. Any questions can be directed to me or the Widening Participation team wideningparticipation@leicspart.nhs.uk.

Group analysis – Saturday 7 June

This Open Morning offers an opportunity to find out more about the various training courses available through the Institute of Group Analysis, from the introductory level Foundation Courses to Diploma Courses, and to the professional training in Group Analysis. Read more here and on the prospectus flyer.

Health care support worker – 2 day workshop

This new 2-day training programme is for non-qualified clinical staff from all professional groups within LPT including nursing, physiotherapy, occupational health and speech and language. The course is designed to provide the opportunity to develop fundamental skills and knowledge in line with the national minimum standards for Health Care Support Workers (HCSW). Topics covered include the 6C’s, the culture of care, patient experience, how to raise concerns regarding patient care and the role of the HCSW regarding delegation, responsibility and accountability. Dates are available through to March 2015 with the first course taking place on the 9 and 10 June. A full list of dates, times and venue can be found in the Learning & Development Course Directory on eSource. To book call 0116 225 3669 or email learninganddevelopment@leicspart.nhs.uk

Awareness sessions on translation services

We are currently delivering training to familiarise you with the new arrangements around interpretation and translation services. Please ask staff to book a place by contacting the Ujala Centre, Centre Manager, Bini Gataure on 0116 295 4747 or requestsujala@leicspart.nhs.uk. Find out more here.
Library Training - Do you want to find out how to find journal articles online or conduct a literature search but not sure how to search the databases effectively? The library service provides training in searching online databases such as PsychInfo, Medline, CINAHL and British Nursing Index.

Critical Reading Made Easy: RCTs & Systematic Reviews- Learn the principles of critical appraisal and gain experience in using them by reading and discussing an RCT & systematic review.

The new library training calendar is now available and the courses can be booked online at: http://www.euhl.nhs.uk, tanya.mclaven@uhl-tr.nhs.uk or on 0116 2502303. The libraries can also provide work based training sessions or one-to-one sessions.

Care programme approach and clinical risk assessment

Dates are now available for this course from this month through to January 2015. It aims to cover Care Programme Approach (CPA) values and principles, Core Mental Health Assessment and Clinical Risk Assessment for qualified staff working in mental health services. The day will include use of presentations and tools for practical exercises relevant to divisions. A full list of dates, times and venue can be found in the Learning & Development Course Directory on eSource. To book call 0116 225 3669 or email learninganddevelopment@leicspart.nhs.uk

Leadership development

Visit the East Midlands Leadership Academy bulletin for the latest leadership development opportunities. There are regular updates on opportunities, programmes and workshops that can benefit you whatever your grade or position. The full programme is here to download. Please note: all development opportunities that are advertised either on the Leadership Development page on e-source or in the weekly newsletter from the East Midlands Leadership Academy (EMLA) are free for LPT staff to attend. LPT pays an annual membership to the EMLA. The only time when you may be charged is if you book a place and fail to attend.

Frontline nursing and midwifery programme

The NHS Leadership Academy – Frontline Nursing and Midwifery programme is now open for bookings. The Leicestershire cohort is due to close in 3 weeks and there are still places available; do share this great opportunity with colleagues. The programme is aimed at Nurses and Midwives from any part of the healthcare sector working at band 5, 6 and 7. Further information can be found in this Guide for Managers. For more information email - frontline@haygroup.com or call 0207 856 7132.

Learning on the run

This is a master’s level programme for clinical and service leaders who can work towards a Post Graduate certificate. It is funded through the ‘Learning Beyond Registration’ contract. The start dates is 10 June and 22 September and all applications need to be to in 1 week prior to the start date. This programme is now run jointly with UHL as their ‘Good to Great Programme’, to encourage integrated learning and greater understanding. Instructions on how to apply and a fee payment form is attached. The Learning Beyond Registration Lead is Alison.ODonnell@leicspart.nhs.uk based at the Learning and Development Centre. For more information about the programme call 01536 560550 or email chris@altstrat.co.uk
Operational Leadership Series 2014/15

Operational Leadership is a series of workshops designed by the East Midlands Leadership Academy to support managers in the practical aspects of their roles. The workshops will enhance existing skills that are utilised on a daily basis to support the delivery of high quality and efficient services. This programme is primarily aimed at band 7 and above and will provide practical skills in areas of budget management, team development, creativity, innovation, communication, leadership and commercial awareness. For more information and to book, see the operational leadership series poster.

The Covey Leadership programme

This three day programme is available to non-clinical, as well as clinical staff, in Bands 6 and 7 and delegates will be expected to attend all three days. See dates and details. You may complete a booking request form which must be submitted to the Academy prior to the closing date. Further information can also be found in the Academy Course Directory on e-Source with more dates being added throughout the year. Managers and staff can find further information on Covey Guide for Managers.

Leadership and management skills training

These two hour sessions are aimed at providing experiential learning for line managers to gain essential workplace skills. For more information and to book, please see flyer.

Research and Development

Mary Seacole research centre seminar

This is a seminar on collaboration and participation as an ingredient to health intervention design. It is taking place on Friday 23 May – see more details here.

Newsletters

New AMH.LD divisional newsletter

In April our Adult Mental Health and Adult Learning Disability divisions joined up to form the new AMH.LD division. The first of a new bi-monthly series of divisional newsletters for AMH.LD staff has now been published and is available to download from e-Source.

Events and meetings diary

IDAHO day – Saturday 17 May

We mark the International Day of Against Homophobia, Biphobia and Transphobia by supporting the work the LGBT centre does. Visit www.leicesterlgbtcentre.org, email info@leicesterlgbtcentre.org or call 0116 254 7412.

Staff support network group calendar

Reminder of the staff support network groups meetings and annual events calendar.

Clinical forum on sexual abuse – Monday 19 May

Book a place at the Sexual Abuse Clinical Forum to consider Attachment and Bonding in childhood development and how this links with the adult patient in the clinical setting. The
Forum aims to explore and appreciate how having an understanding of attachment can assist the therapeutic relationship and facilitate progress whether the patient is in crisis, in hospital or in a more formal therapeutic setting. Anita Kelly and Gurgit Basi will present and include video footage and there will be an opportunity, as always, for small and large group work to reflect on clinical practice. From 1pm – 4:30 at Gwendolen House, Leicester General Hospital site, LE5 4QF.

**Conversations about adult services – Thursday 5 June**

We are looking for staff who work with young people aged between 14 to 25 years who have a diagnosis primarily of autism, learning disability or a long term disability to share their views, experience and aspirations in a ‘big conversation’. Join our event, a joint initiative between Families, Young People and Children and Adult Learning Disability divisions for an opportunity to share your views. The focus is on improving the transition processes and information for young people as they move into adulthood. More information on the poster.

**Tour De Rutland – Saturday 14 June**

Tour de Rutland is a family, sponsored event with an entry fee of £10 for adults and kids can go free. You can complete as little or as much of the 17 or 22 mile cycle ride as you want and there will be a designated time in which you are welcome to bring a picnic and eat together. Please see the cycling buttons at [www.openhandsleicester.org.uk](http://www.openhandsleicester.org.uk).

**World Elder Abuse Awareness Day – Sunday 15 June**

This day is marked on the 15 June to bring awareness against elder abuse. It’s about people from all over the world getting together to organise activities that highlight elder abuse issues, and promote a global objective to make our world free of elder abuse. Find out how you can participate here.

**Shaping the future of mental health services – Friday 20 June**

This conference is taking place at De Montfort University on the future of mental health services for black and ethnic minorities groups. For registration and information see poster for more.

**Cycling race for Open Hands – Saturday 13 September**

Are you a keen cyclist? On Saturday 13 September a new 76 mile sportive sets off from Bosworth Academy, Desford, Leicester. Entrance fee £30 goes to raise funds for Open Hands, a Leicester charity which LPT uses to support patients who have become destitute. Go to [www.openhandsleicester.org.uk](http://www.openhandsleicester.org.uk) and click on Tour De Leicestershire to find out more.

**Feedback**

Service users, carers and colleagues feedback
We have introduced this new section on the e-newsletter that features extracts from letters, emails and messages from service users, patients, carers and colleagues expressing their thanks and gratitude to our staff.

This week’s poster features some excellent comments and feedback for **Evington Centre named staff**, compliments made through the Leicester Mercury letter of the **Bradgate Unit Watermead Ward staff** and **Loughborough Hospital staff**.

Click the poster to read the messages which is also published on **eSource**.

**And finally**

**Therapy staff facilitating Stirling Uni courses**

Well-done to 5 Therapy staff who were given the opportunity to become facilitators for the Stirling University Dementia Care Course. Each facilitator facilitated and supported CHS therapy and nursing staff to complete the programme. [More here](#)

**Lakeside resident geese population growing**

Congratulations to the local geese mothers who have delivered their babies around the Lakeside car park recently. The goslings seem to be doing well on their first day walk about towards the lake as many staff have witnessed.

We wish them all happy and healthy life around Lakeside.

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**Deadline for items to include in the e-newsletter is 2pm every Tuesday; please send items to** commstemp@leicspart.nhs.uk

Items may be subject to editing (for clarity and space reasons). Unless you specify otherwise, any item you submit may also be shared externally through stakeholder newsletters. We welcome submissions from any member of staff on work related items. **Some of these articles have links to our password-protected intranet, e-source** Log in with user name: LPT and password: staff

- Do you have colleagues with limited access to e-mails? Please print off and share the e-newsletter with them
Next e-newsletter issue out on 22 May