

## **Audit, Training and Policies on NICE guidance**

### **Request**

I wish to make a series of separate requests under the Freedom of Information Act. For convenience, I am including them in one email.

They are as follows:

1. Has the PCT conducted an audit of the implementation of a) NICE clinical guideline 90 (The treatment and management of depression in adults)? If so, please provide details of this audit, the findings of this audit and any guidance issued in relation to this audit.
2. Has the PCT conducted an audit of the implementation of NICE clinical guideline 113 (Anxiety)? If so, please provide details of this audit, the findings of this audit and any guidance issued in relation to this audit.
3. Does the PCT provide training to healthcare professionals on a) NICE clinical guideline 90 (The treatment and management of depression in adults) and b) NICE clinical guideline 113 (Anxiety)? If so, please provide details of this training.
4. Has the PCT prepared any policies or guidance in relation to the implementation of the NICE Quality Standard on Depression in Adults? Please provide details.
5. Please supply figures relating to the period 2010/11 for the percentage of patients with depression whose treatment for depression consisted solely of antidepressants who were regularly re-assessed at intervals of at least 2 to 4 weeks for the first 3 months of treatment.

### **Our Response**

#### **REQUEST:**

We are directing these requests to you as we have been advised by Primary Care Trust FOI officers that our queries are most appropriately dealt with by the mental health trust.

1. Has the PCT conducted an audit of the implementation of a) NICE clinical guideline 90 (The treatment and management of depression in adults)? If so, please provide details of this audit, the findings of this audit and any guidance issued in relation to this audit.

#### **OUR RESPONSE:**

There has been no audit undertaken within the Leicestershire Partnership NHS Trust regarding NICE clinical guideline 90.

2. Has the PCT conducted an audit of the implementation of NICE clinical guideline 113 (Anxiety)? If so, please provide details of this audit, the findings of this audit and any guidance issued in relation to this audit.

#### **OUR RESPONSE:**

There has been no audit undertaken within the Leicestershire Partnership NHS Trust regarding NICE clinical guideline 113.

3. Does the PCT provide training to healthcare professionals on a) NICE clinical guideline 90 (The treatment and management of depression in adults) and b) NICE clinical guideline 113 (Anxiety)? If so, please provide details of this training.

**OUR RESPONSE:**

The PCT provides training through the Strategic Health Authority for training in Post Graduate Certificate in Psychological Therapies (Psychological Wellbeing Therapist) and Post Graduate Diploma in CBT (High Intensity Therapist). These fully cover the NICE guidelines on Anxiety and Depression.

4. Has the PCT prepared any policies or guidance in relation to the implementation of the NICE Quality Standard on Depression in Adults? Please provide details.

**OUR RESPONSE:**

This refers to information held by the PCT and we are, therefore, unable to provide this. However, in an effort to be helpful, please find enclosed a copy of our "Trust Procedure for the Implementation of National Institute of Health and Clinical Excellence (NICE) Guidance and other Nationally Agreed Best Practice".

5. Please supply figures relating to the period 2010/11 for the percentage of patients with depression whose treatment for depression consisted solely of antidepressants who were regularly re-assessed at intervals of at least 2 to 4 weeks for the first 3 months of treatment.

**OUR RESPONSE:**

Unfortunately, we do not routinely record this detailed level of information. To locate and retrieve the information would require a manual audit of the patients' health records, which from our preliminary assessment, we estimate would exceed the appropriate costs limit under section 12 of the Freedom of information Act 2000. This is currently £450 (18 hours @ £25) and we estimate that compliance with your request would take longer than 18 hours.