

Services for Internet Gaming Addiction

Request

we would like to request the following information:

Types of services offered for problem gaming/video game addiction;

- Number and job title of qualified mental health professionals within each service who offer treatment for internet gaming disorder;
- Number of behavioural addiction specialists within the Trust;
- Number of child and adolescent specialists who offer treatment for this disorder;
- Lowest age limit for referral to service.

We would also like to gather specific referral data for any individuals that had been referred for treatment of problem gaming (over the last five years) within the trust as follows:

- Number of referrals where problem gaming was the primary reason for referral;
- Age of referrals;
- Gender of referrals;
- Type of treatment and/or talking therapies offered;
- The estimated time spent on a waiting list prior to initial contact;
- How many attended first appointment;
- How many never attended;
- How many completed treatment;
- With those who completed treatment, how many presented with risk pertaining to their gaming behaviours;
- How many dropped out of treatment part way through;
- How many were still in treatment.

Our Response

Unfortunately, we do not hold the information you require, as the Trust does not provide a dedicated gaming addiction service.

