

ICD-10 codes and referrals to specific, structured exercise programme

Request

For the year Jan 1st 2013 – 31st December 2014 how many outpatients were classified under the following ICD-10 codes:

F31

F32.2

F41

F43

Furthermore, I would like to know if there is any option for outpatients classified under these conditions to be referred to a specific, structured exercise referral programme by their GP or any other healthcare professional.

Where it is unknown if such a programme exists, please confirm this to be the case.

Our Response

For the year 01 January 2013 to 31 December 2014 the number of outpatients classified under the following ICD-10 codes was as follows:

F31 = 491

F32.2 = 91

F41 = 632

F43 = 691

We do not refer outpatients to exercise programmes, although we may recommend they consult their GP regarding this. Information regarding any structured exercise referral programmes by GPs is not held by this organisation, but may be held by the Clinical Commissioning Groups:

East Leicestershire and Rutland CCG

<http://www.eastleicestershireandrutlandccg.nhs.uk/foi>

West Leicestershire Clinical Commissioning Group

<http://www.westleicestershireccg.nhs.uk/page/freedom-information-request>

Leicester City Clinical Commissioning Group

Email: LCCCGFOI@leicestercityccg.nhs.uk