

CBT Service

Request

1) How many individuals received one to one Cognitive Behavioural Therapy in your trust in the following years?

- i) 2011 - 229
- ii) 2012 - 290
- iii) 2013 - 319
- iv) 2014 - 365
- v) 2015 - 377
- vi) 2016 to date - 140

2) For each year, what was the average waiting time from referral to first appointment for one to one Cognitive Behavioural Therapy treatments?

- i) 2011 – 6.22 weeks
- ii) 2012 – 5.25 weeks
- iii) 2013 – 7.36 weeks
- iv) 2014 – 9.83 weeks
- v) 2015 – 9.96 weeks
- vi) 2016 to date – 11.23 weeks

3) For each year, what was the maximum waiting time from referral to first appointment for a one to one Cognitive Behavioural Therapy treatment (excluding patient cancellations)?

- i) 2011 – 20 weeks
- ii) 2012 – 26 weeks
- iii) 2013 – 19 weeks
- iv) 2014 – 33 weeks
- v) 2015 – 28 weeks
- vi) 2016 to date – 30 weeks

4) How many individuals received their first appointment within the following times after referral (excluding patient cancellations):

- a) Up to 18 weeks?
- b) Over 18 weeks, up to 26 weeks?
- c) Over 26 weeks, up to 52 weeks?
- d) Over 1 year?

For each of the following years:

- i) 2011
- ii) 2012
- iii) 2013
- iv) 2014
- v) 2015
- vi) 2016 to date.

OUR RESPONSE:

Up to 18 weeks						Over 18 weeks, up to 26 weeks						Over 26 weeks, up to 52 weeks		
2011	2012	2013	2014	2015	2016	2011	2012	2013	2014	2015	2016	2014	2015	2016
228	289	318	350	360	128	1	1	1	13	16	8	2	1	4