

Children's Speech and Language Therapy Service

People Play - Without Toys MORE IDEAS

This play is about helping your child learn that it is fun to play together. Because this play is simple, fun and repetitive, there are lots of opportunities for your child to communicate with you.

Activity

Jumping:

Stand with your child and start jumping, or copy them if they jump. Offer your hands to them so they can jump higher.

Row the boat:

Sing row the boat with the actions on your own, then offer for your child to join you. **Pause and wait** half way through the song, continue when your child looks at you or shows you they want more.

Funny Faces/ noises:

Make a funny face or noise that your child likes. Then **pause and wait** for them to show you they want more before doing it again for them.

Spinning:

Spin your child around on the spot and then **pause**. **Wait** for them to show you they want to spin again.

Chasing:

Run after your child and catch them. Let them start running and **wait** for your child to show you they want to be chased again.

Words to say

"Jump!"



"Row row"



"1... 2... 3..." (then make the face or noise)



"Spin, spin and... stop"



"I'm going to catch you"

