

# Growing up with more than one language

Information for parents/carers and professionals  
across agencies



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## Helping your child talk

- Before babies are born, they can hear your voice, so helping your child with their talking starts before they are born.
- Talk about what you're doing, what is happening and what you can see throughout the day in your home language. Your child is going to learn language from you.
- The best way to help your child with their talking, is to talk to them in your home language throughout the day.
- Sing action songs and nursery rhymes in your home language with your child.
- Share any pictures books using your home language to talk about what is happening in the book.

**"Remember  
your child will learn  
much better from play  
and talking with you,  
than from any screen  
time or electronic  
devices."**

**"Remember  
learning language  
should be fun."**

**"Over 70% of  
the world's population  
speak more than one  
language"**

**"Learning  
English will be easier  
for your child if they  
are confident with your  
home language."**

## Why growing up learning more than one language is good

- It helps your child to value and share your culture and traditions.
- It helps your child communicate with their wider family and community.
- It will have a positive influence on your child's life.
- It helps your child's thinking and learning as they grow.



## Useful websites

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[www.literacytrust.org.uk/early-years/bilingual-quick-tips](http://www.literacytrust.org.uk/early-years/bilingual-quick-tips)

<https://www.leicspart.nhs.uk/service/childrens-speech-and-language-therapy-service/>

<https://healthforunder5s.co.uk/>

<https://www.bbc.co.uk/tiny-happy-people>

[www.multilingual-matters.com](http://www.multilingual-matters.com)

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