

# 24 hour pad weigh (pad save)

Helpful information for patients, relatives and carers

## Why is a 24-hour pad collection necessary?

A 24 hour pad save will give the necessary information to ensure that you are prescribed the most appropriate products to manage your incontinence.

## How to carry out a 24-hour pad weigh

The nurse will arrange a convenient date for the pad save to take place.

- When you get up on the morning of the arranged day dispose of the pad used overnight in the normal manner.
- Then save all the pads used during the arranged day until you get up the following morning (including the overnight pad).
- Each used pad should be put in an individual bag and tied.
- Each bag must be clearly marked with the following:
  - your name
  - the time the pad was removed

The nurse will arrange for collection and the information will be used to calculate the most suitable product for your you.

If you need help to understand this leaflet or would like it in a different language or format such as large print, Braille or audio, please ask a member of staff.

Single point of access  
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Service hours: 8am - 10pm daily