This leaflet has been checked by the Learning Disability Talk and Listen Group

NHS
Leicestershire Partnership
NHS Trust

Welcome to the Agnes Unit



Some people will need someone to help them to go through this information so that they understand it. This person may be a member of staff, someone from your family or a friend.



The Agnes Unit:

- Is a unit for adults (over 18's) with learning disabilities and mental health problems.
- Some of these people may have behaviours that are very challenging.
- A doctor has decided that you need to come into the unit.

When you arrive:



Staff on the Agnes Unit want to help you feel better.

You will meet a nurse and a doctor on the first day.



We will talk to you about your health and wellbeing needs.



We will talk to your family or carers about your needs.



Learning Disability Service Health Care Plan

What help do you need from the learning disability service?

Name: John Smith
Date of Birth: 09.02.1982
NHS Number: 12345678

This information has been discussed with.....Sarah Smith.....

Community Nurses will help you to:
- Stay well.
- Help the people that work with you to make sure you receive the best care possible.

Occupational Therapists (OT) will:
- Work with you to see what help you need in your everyday activities.
- Look at what help you need to live more independently.

Physiotherapists will:
- Help you move better.
- Help you with lying, sitting, moving and walking.

We will write a plan about how we are going to help you feel better.

This is called a care plan.

What is a pod?





Your bed will be in a small area of the unit called a pod.

Each pod has:

- 4 bedrooms with their own bathroom
- a lounge
- a dining room
- a kitchen



You will share the dining room, kitchen and lounge with other people.

What can I bring with me?









Some people choose to have:

- clothes, shoes and slippers
- personal care items like shampoo and toothpaste
- things to do like books or jigsaws
- things that are important like photos or soft toys

We will help to make sure you are safe having things that are important to you.

Things I am not allowed to bring



There are some things which are not allowed in the Agnes Unit.

- Scissors or knives
- Alcohol
- Cameras
- Cigarettes

If staff are worried that something is not safe for you, they may look after it until you leave the unit.

Food and drink



We offer healthy meals.

Tell staff about any special food needs you have.



We also offer snacks like fruit and biscuits.



You can have hot or cold drinks.

You can ask staff for a drink at any time.



Each pod has a kitchen.

You may be able to make food or drinks if therapy staff say it is safe.

Noise on the Agnes Unit



Some people in hospital feel unwell or worried.

Sometimes people shout and this can be noisy.



If it is noisy and you don't like it then staff can help.

You may be able to:

- go to your bedroom
- listen to music
- go for a walk with staff



If a fire alarm sounds, staff will help you move to a safe area.

We are here to help you



Everyone at the Agnes Unit wants you to:

- feel safe
- get better
- have the right support when you leave here

Please talk to staff if you are worried or need help.

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