

Growing up with more than one language

Information for multilingual families



Children's Speech and Language Therapy Service

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Helping your child talk



Before babies are born they can hear your voice, so helping your child with their talking starts before birth.

Your child is going to learn language from you. Talk about what you're doing, what is happening and what you can see throughout the day in your home language.

The best way to help your child with their talking, is to talk to them in your most comfortable language. This means you are providing the best model of language as you will use a variety of words and form clear sentences.



Sing action songs and nursery rhymes in your home language with your child.



Share any picture books using your home language to talk about what is happening in the book.

Why growing up learning more than one language is good



It helps your child to value and share your culture and traditions.

It helps your child communicate with their wider family and community.

It will have a positive influence on your child's life.



It helps your child's thinking and learning as they grow.

Remember your child will learn much better from play and talking with you, than from any screen time or electronic devices. Ref

Over 70% of the world's population speak more than one language!

Remember, learning language is fun!

Learning English will be easier for your child if they are confident with your home language.

Useful Websites

https://www.literacytrust.org.uk/early-years/bilingual-quick-tips https://healthforunder5s.co.uk https://www.bbc.co.uk/tiny-happy-people https://www.multilingual-matters.com

If you need help to understand this leaflet or would like it in a different language or format such as large print, Braille or audio, please ask a member of staff.

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