

Children's Occupational Therapy Service

Hand Splinting



This is a monthly clinic that can help children who...

- Find it difficult using their hands
- Have difficulties with the positioning of their hands
- Are at risk of developing a deformity
- Need their hands positioning for hygiene purposes

What should I bring?

- All hand splints currently being used
- Your appointment letter
- Any recent letters from your doctor/consultant in relation to your child's hand function
- It may be useful if your child attends the clinic in a short sleeved or loose fitting top so that therapists can easily access their hand /arm.

What to expect?

- Appointments may last up to one hour. If a longer appointment is required you will be informed
- The therapist will carry out an assessment of your child's hand function to assess whether a hand splint would be beneficial
- Any existing splint will be reviewed or your child may be provided with a new splint/s
- You will receive information about your child's splint and when to use it
- A letter will be sent following your appointment to your GP and /or Consultant to inform them of what has happened at your appointment
- Additional letters may be sent to other professionals involved in your child's care where appropriate and with your consent
- Follow up / appointments will be made as necessary, depending on your child's needs