



Families, Young People and Children's Services

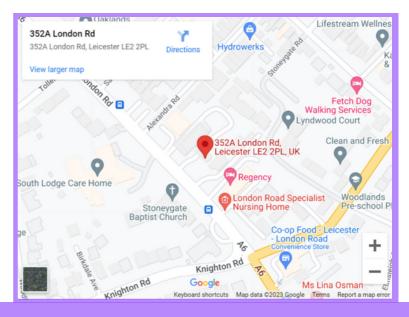
# How to get to Rothesay

To locate Rothesay, look out for a blue and white NHS sign at the entrance to Swithland House on London Road. Drive through the archway of Swithland House and proceed to the car park's furthest end. Look for a brown bungalow-style building, that's Rothesay! **Our details** 

Rothesay 352A London Road Leicester LE2 2PL Tel: 0116 295 5633

It's here that you'll find the <u>CAMHS</u> <u>Learning Disabilities Team</u>.

The building is accessible to people with disabilities. Please let us know before your appointment if you need disabled access so that we can make sure your appointment takes place in the most appropriate room.





## How to get to us

### How to get to CAMHS on public transport:

Arriva Bus Number is 31 or 31A. First Direct Bus Number is 31. For full up-to-date information, please ring Traveline on 0871 200 2233 or visit <u>https://www.traveline.info/</u>

### How to get to CAMHS from Leicester City centre:

From the city, follow the signs for the A6.

Head southeast on A6 / Leicester Road towards Stoughton Drive South

Bear left onto Stoughton Drive South, turn left to stay on Stoughton Drive South

Turn left onto Knighton Grange Road

Bear left onto Guilford Road, then immediately bear right onto A6 / London Road

Arrive at A6 / London Road. The last junction before your destination is Knighton Road. If you reach Alexandra Road, you have gone too far.

You will see a low wall with a sign saying 'CAMHS'. Drive under the archway of Swithland House down to the bottom of the car park. Rothesay is the bungalow styled building. There will be a blue board saying 'CAMHS' Learning Disabilities'. There is a passage to the right of the building which will take you to the entrance.

### **Parking at CAMHS:**

Free but limited on-site car parking is available. Disabled parking is also available.

# Important additional information for CAMHS patients

### We welcome your feedback

We would like you to think about your experience of our service. We would appreciate it if you could take a few minutes to scan the QR code on the right to take a short survey. By answering the questions, it will help us to understand your overall experience. This will help us to measure and improve the quality of care we give at Leicestershire Partnership NHS Trust. All of your answers are anonymous.

### **Appointments**

If you cannot attend your appointment, please contact CAMHS as soon as possible on the contact number on your letter to discuss this. We will do our best to understand what is making this hard and find a way to help you to attend. Any appointments that you miss slow the process down, potentially delaying your treatment. Also, another young person who needs help could have had your appointment so if you can't attend your appointment (which is okay – sometimes things happen), please let us know as soon as possible by contacting the number on your appointment letter so we can reschedule your appointment and offer your cancelled appointment to another young person. If you miss multiple appointments without contacting us, we will close your case and remove you from CAMHS care so it's really important to keep in contact with us.

### **Smoke Free**

Please remember that Leicestershire Partnership NHS Trust is a "smoke free" organisation. What that means is that when you attend for your appointment, you **will not be allowed to smoke in Trust buildings OR grounds**. In addition, the Trust has a commitment to supporting those who wish to reduce or stop smoking, through the provisions of Nicotine Replacement Therapy, as well as advice and guidance. If you would value the Trust help on this matter please ring 0116 295 4141, alternatively for a range of online support you can visit <u>www.quitready.co.uk</u>

### **Support services**

Health for Teens is an online platform that provides a diverse range of content and quizzes on various health-related topics. From sexual health to growing up, lifestyle and beyond. Our team of medical professionals including doctors, psychologists, nurses and other clinicians from CAMHS constantly create fresh content for the site. Additionally, we have a dedicated CAMHS area that provides information about our specialised teams. To visit our dedicated CAMHS area, please scan the bar code on the right.



