

How to get to The Valentine Centre

The Valentine Centre is located to the north west of the city centre and is accessed on the same road as the Gorse Hill Ambulance Station off Anstey Lane.

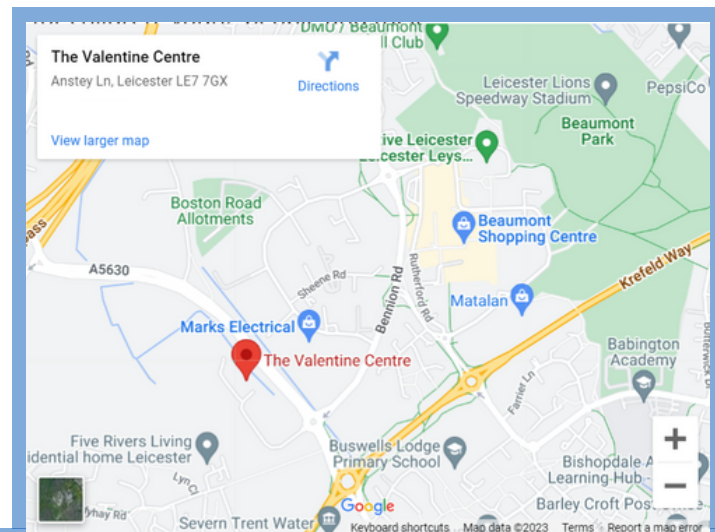
The Valentine Centre provide outpatient services for young individuals. The services offered here are a range of therapeutic and related activities for children, young people and their families.

The main entrance is at the front of the building through the double doors as shown below.

Our details

**Child And Adolescent
Mental Health Service
The Valentine Centre
Gorse Hill Hospital Site
Anstey Lane
Leicester
LE7 7GX
Tel: 0116 295 2992**

The building is accessible to people with disabilities. Please let us know before your appointment if you need disabled access so that we can make sure your appointment takes place in the most appropriate room.



How to get to us

How to get to CAMHS on public transport:

For full up-to-date information, please ring Traveline on 0871 200 2233 or visit <https://www.traveline.info/>

How to get to CAMHS from Leicester City centre:

Leave the city via the A594 (Vaughan Way) and head north west on the A50 (Highcross Street leading onto Northgate Street then Frog Island). Continue along the A50 (Woodgate). At the major junction, turn right onto Blackbird Road. Continue along Blackbird Road for about half a mile then turn left onto the B5327 (Anstey Lane). At the mini roundabout, take the first exit to stay on the B5327 Anstey Lane. At the next major roundabout (where the A563 crosses the B5327), take the second exit, then take the first exit at the next roundabout towards the ambulance station. You will find the Valentine Centre at the end of this road on your left hand side.

Parking at CAMHS:

Free but limited on-site car parking is available located directly in front and at the side of the building. Disabled parking is also available.

Families who are in receipt of benefits may be eligible for reimbursement of bus fares. Please request a refund claim form from reception.

Important additional information for CAMHS patients

We welcome your feedback

We would like you to think about your experience of our service. We would appreciate it if you could take a few minutes to scan the QR code on the right to take a short survey. By answering the questions, it will help us to understand your overall experience. This will help us to measure and improve the quality of care we give at Leicestershire Partnership NHS Trust. All of your answers are anonymous.



Appointments

If you cannot attend your appointment, please contact CAMHS as soon as possible on the contact number on your letter to discuss this. We will do our best to understand what is making this hard and find a way to help you to attend. Any appointments that you miss slow the process down, potentially delaying your treatment. Also, another young person who needs help could have had your appointment so if you can't attend your appointment (which is okay – sometimes things happen), please let us know as soon as possible by contacting the number on your appointment letter so we can reschedule your appointment and offer your cancelled appointment to another young person. If you miss multiple appointments without contacting us, we will close your case and remove you from CAMHS care so it's really important to keep in contact with us.

Smoke Free

Please remember that Leicestershire Partnership NHS Trust is a "smoke free" organisation. What that means is that when you attend for your appointment, you **will not be allowed to smoke in Trust buildings OR grounds**. In addition, the Trust has a commitment to supporting those who wish to reduce or stop smoking, through the provisions of Nicotine Replacement Therapy, as well as advice and guidance. If you would value the Trust help on this matter please ring 0116 295 4141, alternatively for a range of online support you can visit www.quitready.co.uk

Support services

Health for Teens is an online platform that provides a diverse range of content and quizzes on various health-related topics. From sexual health to growing up, lifestyle and beyond. Our team of medical professionals including doctors, psychologists, nurses and other clinicians from CAMHS constantly create fresh content for the site. Additionally, we have a dedicated CAMHS area that provides information about our specialised teams. To visit our dedicated CAMHS area, please scan the bar code on the right.

