

## Activities to help listening and awareness of sounds

These activities will help your child to develop their skills in listening to sounds around them. Your child may be able to hear well, but needs to learn to listen to the small differences in sounds. This is the first step in helping your child's speech.

Sit quietly and listen with your child. Say what you can hear (e.g. cars, birds). Try copying the sounds.

<https://www.bbc.co.uk/tiny-happy-people/whats-that-sound/znnqmfr>

Play with a noisemaker together e.g. shaker, keys, saucepan + wooden spoon. Talk about noisy and quiet sounds, long and short sounds. Take turns.

<https://www.bbc.co.uk/tiny-happy-people/lets-make-noise/zr7r382>

Use your own voice to make sound effects while playing or sharing books e.g. animal sounds, transport sound, household sounds.

<https://www.bbc.co.uk/tiny-happy-people/sound-effects-story/z6377nb>

Find 3 noisemakers (keys/ drum/ shaker). Hide them (or ask your child to cover their eyes) and ask your child to listen as you make a noise with one of them. Can they guess which noise you made?

Play musical statues – let your child dance to their favourite music. Can they stop when the music stops?

<https://www.bbc.co.uk/tiny-happy-people/have-dance-party/z7t992p>

Use a sound effect on your phone or a noisy toy – hide it in the room. Can your child find it?