

Children's Occupational Therapy Service

Muscle Wasting Conditions



Our Neuromuscular pathway and specialist clinics are for Children and young people with a range of neuromuscular conditions that cause muscle weakening/wasting. Children may attend our Neuromuscular clinics, where a group of medical and therapy professionals, work together to regularly review children's health needs. (Occupational Therapy, Physiotherapy, Regional care advisor, Paediatrician and Neurologist).

This is followed up by community OT support, if needs are identified in home, school or nursery. Some of our main interventions include:

- Supporting children to Increase or maintain functional independence where possible e.g. Advice on adaptive strategies for dressing, transfers, completing school work.
- Supporting carers to provide care for the child or young person when full independence is not possible.
- Assessment of and provision of specialist equipment to increase independence, dignity and safety e.g. moving and handling equipment, bathing/toileting equipment.
- Supporting access to education and engagement in school curriculum.