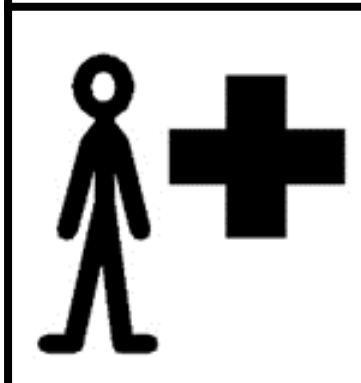


# Community Learning Disability Nursing Team



Some people will need someone to help them to go through this information so that they understand it. This person may be a member of staff, someone from your family or a friend.

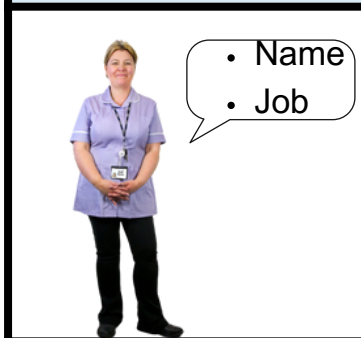


The Learning Disability Nurses will support you with:

- your physical health
- your mental and emotional health and wellbeing

The nurses will work with your family or carers and your doctor to support your health needs.

## At your appointment



When the nurses meet you they will say:

- what their name is
- what their job is
- what will happen during your appointment



We will ask you questions about

- your health
- what is happening now and what has happened in the past
- any medicine you take
- if you have any worries about your health
- if it is okay to talk to your family or carers about your health

## We might need to:



- take your blood pressure



- ask about how much you eat and drink
- weigh you and measure your height



- ask you if:
  - you have been to the dentist
  - you have had your eyes tested
  - your hearing is okay



- ask you:
  - if everything is okay when when you go to the toilet
  - about your bowels (poo) and urine (wee)



- ask if there have been any changes to your skin and if it has been itchy or sore



- talk to you about:
  - how you are feeling?
  - how you are sleeping?
  - if there are things in your life that are worrying you?

## Working with you



We will work with you and other people who support you.  
This could include your:

- doctor (GP)
- hospital
- social worker
- carer
- family/friends



We will write a care plan together about how to support you.

You can decide who helps to write your care plan.

We will make sure you get a copy of this.



When we start working with you we will make sure that you know how you can get in touch with us.

If you are waiting to work with us and you have a question, you can contact us:

## LD Access Team

Tel: 0116 295 4528

Email: [lpd.access@nhs.net](mailto:lpd.access@nhs.net)