

Children's Speech and Language Therapy Service

Playing with Sounds: The 'p' sound

Activities you can try at home:

- Play with bubbles. Make bubbles and blow them off the wand with a 'p' sound.
- Use tissue paper 'bubbles'. Blow them off your child's hand by making the 'p' sound.
- Colour in pictures of characters whose names begin with the 'p' sound, e.g. Pooh Bear, Peppa Pig, Postman Pat. Say the 'p' words to your child as they colour.
- Play a hiding game with 'p' toys, asking, "Where is Pooh?" and saying "Peepo Pooh!"
- Sing songs that include lots of the 'p' sound, e.g. "Two little dicky birds sitting on a wall", 'polly put the kettle on' and '5 little peas in a pea pod pressed'.
- Read books that have characters whose names start with the 'p' sound. Emphasise this sound. You could change the names of characters to 'p' names like Penny, Peter or Paul.
- Remember the cued articulation sign for the 'p' sound- use this when you say the sound on its own and in words.

Remember: Your child doesn't need to say the 'p' sound, the important thing is that they listen to you. If they choose to copy you- great, but don't ask them to.

Have fun!

Children's Speech and Language Therapy Service

Playing with Sounds: The 'b' sound

Activities you can try at home:

- Play with balls. Bounce and roll them between you and your child using 'b' sound.
- Use balloons and bat them in the air. Use the 'b' sound as you bat the balloon.
- Colour in pictures of characters whose names begin with the 'b' sound, e.g. Bob the builder, Baloo the bear, etc. Say the 'b' words to your child as they colour.
- Play a hiding game with 'b' toys, asking, "Where is the bear?" and saying "Boo! Bear!"
- Sing songs that include lots of the 'b' sound in e.g. "Baa baa black sheep", 'Bob the builder' and 'Wheels on the bus' 'Wind the bobbin up'.
- Read books that have characters who's names start with the 'b' sound. Emphasise this sound. You could change the names of characters to 'b' names like Billy, Betty, Beau, Becky.

Remember: Your child doesn't need to say the 'b' sound, the important thing is that they listen to you. If they choose to copy you- great, but don't ask them to.

Have fun!

Children's Speech and Language Therapy Service

Playing with Sounds: The 't' sound

Activities you can try at home:

- Make a water bottle (with sports cap) into a special dripping bottle. When water comes out, make the 't' sound.
- Play 'washing toys' with the water bottle. When the water drips, say the sound 't t t' to your child.
- Wash the toy's tummy and toes. Dry with a towel. Say 'tummy' and 'toes' to your child lots of times.
- Use a play tea set and make 'tea' with the water bottle. Drip the water in to the cup saying 't t t'. Let your child drip the water in too. Say the 't' sound to your child as they do this.
- Sing songs with the 't' sound e.g. 'I'm a little teapot'.
- Read books to your child with the 't' sound.
- Colour in pictures of characters with 't' names e.g. 'Tellytubbies' or 'Tomliboos'.
- Remember the cued articulation sign for the 't' sound- use this when you say the sound on it's own and in words.

Remember: Your child doesn't need to say the 't' sound, the important thing is that they listen to you. If they choose to copy you- great, but don't ask them to.

Have fun!

Children's Speech and Language Therapy Service

Playing with Sounds: The 'd' sound

Activities you can try at home:

- Make a drum using an empty ice-cream tub. Play the drum with your child and say the 'd' sound for them to listen to.
- Play a listening game with your child. They should bang the drum when you say "drum". Say lots of 'd' words to your child e.g. "dog... daddy... donkey... drum!" When you say 'drum', encourage them to bang the drum. They will need to listen hard to know when to bang the drum.
- Play 'What's behind the door?' Make a pretend door by cutting into an old box, or use a door in your house. Collect together some toys and objects that begin with 'd'. Hide one behind the door, and ask, "What's behind the door?" Your child can guess. Then open the door and say what is there, "There's a duck behind the door!" Your child might like a turn at hiding items behind the door.
- Use a children's spade and find somewhere for your child to dig, like a sand pit or flower bed. Hide some things beginning with 'd' for them to find. Say the 'd' words to them as they play, e.g. "Your digging a daisy!" .
- Read books to your child that include lots of the 'd' sound and emphasise these words as you read.
- Remember the cued articulation sign for the 'd' sound- use this when you say the sound on it's own and in words.

Remember: Your child doesn't need to say the 'd' sound, the important thing is that they listen to you. If they choose to copy you- great, but don't ask them to.

Have fun!

Children's Speech and Language Therapy Service

Playing with Sounds: The 'k/c' sound

Activities you can try at home:

- Make a pretend camera or find an old disposable camera your child can use. Pretend to take photos with your child. Make the 'k' sound when you pretend to take a picture.
- When you play, hold the camera up to your mouth so your child sees your open mouth shape as you say 'k'.
- Play a colouring game where you tell your child what to colour. Ask them to look at you and then say to them, "Can you colour the cow?"
- Find pictures from old catalogues for your children to cut and stick or colour in that start with the 'k' sound, such as cat, kitten, castle, kangaroo, cupboard, kite, car, cooker.
- Play with pretend food such as 'cake', 'carrot', 'cauliflower', 'cookie'. Say the sentence for your child to listen "We're cooking cake" "were cooking carrots".
- Sing songs with the 'k' sound in e.g. "Five current buns in a bakers shop".
- Remember the cued articulation sign for the 'k' sound- use this when you say the sound on it's own and in words.

Remember: Your child doesn't need to say the 'k' sound, the important thing is that they listen to you. If they choose to copy you- great, but don't ask them to.

Have fun!

Children's Speech and Language Therapy Service

Playing with Sounds: The 'g' sound

Activities you can try at home:

- Use an empty drinks bottle and pretend to drink from it saying 'g' 'g' 'g' 'g'.
- At bath time or in water play say 'g' 'g' 'g' 'g' when the water goes down the plug hole.
- Play 'Ready.. steady.. go!' games with cars, ball rolling or marble runs, repeating 'go'.
- Find pictures from old catalogues for your children to cut and stick or colour in that start with the 'g' sound, such as goat, game, geese, gate, girl, garden, golf etc.
- Remember to emphasise names of characters when sharing books such as Gordon (Thomas the Tank) Goldilocks, billy goats etc
- Remember the cued articulation sign for the 'g' sound- use this when you say the sound on it's own and in words.

Remember: Your child doesn't need to say the 'g' sound, the important thing is that they listen to you. If they choose to copy you- great, but don't ask them to.

Have fun!

Children's Speech and Language Therapy Service

Playing with Sounds: The 'f' sound

Activities you can try at home:

- Play with a feather or long piece of tissue paper. Make an 'f' sound to blow it off your child's hand.
- Blow up a balloon and let it go gently. Help your child listen to the 'fff' sound it makes.
- Colour in the 'f' pictures of the Fimbles and the giant with your child. Talk about the pictures using lots of the 'f' sound e.g. 'big feet', 'four teeth' etc.
- Play with your rabbit mask. Show your child the rabbit's teeth. Show them how you can put your teeth on your lip like the rabbit.
- Play with pretend food. Blow out the 'hot' food for your child with the 'f' sound.
- Sing songs with the 'f' sound in e.g. 'Five fat fish', '1,2,3,4,5, once I caught a fish alive'.
- Read stories with the 'f' sound in, such as the giant saying 'fee, fie, foe, fum'.
- Remember the cued articulation sign for the 'f' sound- use this when you say the sound on it's own and in words.

Remember: Your child doesn't need to say the 'f' sound, the important thing is that they listen to you. If they choose to copy you- great, but don't ask them to.

Have fun!

Children's Speech and Language Therapy Service

Playing with Sounds: The 's' sound

Activities you can try at home:

- Play with toy snakes, or your paper snake.
- Make the 's' sound for your child to listen to.
- Make a stocking snake by filling old tights with balls of newspaper. Stick on eyes and a tongue made of newspaper. Make the snake's 's' sound for your child to listen to.
- Play threading with string and beads. You could also use pasta tubes. As you thread them, say a long 's' sound.
- Make a 'silly sandwich' with your child using pretend food. Try to find food items beginning with 's' to put into the sandwich, such as sausage, strawberry, sauce, salt, sweets. As you play with your child, say the 's' words for them to listen to, e.g. "Lets put sausage in the sandwich".
- Sing songs with the 's' sound in e.g. 'Insey Winsey spider' or 'Dingle dangle scarecrow'.
- Read books that have characters whose names start with the 's' sound, for example 'Spot' books. Emphasise this sound. You could change the names of story characters to 's' names like Susie, Sam, Sally or Sarah.
- Remember the cued articulation sign for the 's' sound- use this when you say the sound on it's own and in words.

Remember: Your child doesn't need to say the 's' sound, the important thing is that they listen to you. If they choose to copy you- great, but don't ask them to.

Have fun!