

Children's Speech and Language Therapy Service

Playing with Sounds: The 'k/c' sound

Activities you can try at home:

- Make a pretend camera or find an old disposable camera your child can use. Pretend to take photos with your child. Make the 'k' sound when you pretend to take a picture.
- When you play, hold the camera up to your mouth so your child sees your open mouth shape as you say 'k'.
- Play a colouring game where you tell your child what to colour. Ask them to look at you and then say to them, "Can you colour the cow?"
- Find pictures from old catalogues for your children to cut and stick or colour in that start with the 'k' sound, such as cat, kitten, castle, kangaroo, cupboard, kite, car, cooker.
- Play with pretend food such as 'cake', 'carrot', 'cauliflower', 'cookie'. Say the sentence for your child to listen "We're cooking cake" "were cooking carrots".
- Sing songs with the 'k' sound in e.g. "Five current buns in a bakers shop".
- Remember the cued articulation sign for the 'k' sound- use this when you say the sound on it's own and in words.

Remember: Your child doesn't need to say the 'k' sound, the important thing is that they listen to you. If they choose to copy you- great, but don't ask them to.

Have fun!