

Children's Speech and Language Therapy Service

Playing with Sounds: The 'p' sound

Activities you can try at home:

- Play with bubbles. Make bubbles and blow them off the wand with a 'p' sound.
- Use tissue paper 'bubbles'. Blow them off your child's hand by making the 'p' sound.
- Colour in pictures of characters whose names begin with the 'p' sound, e.g. Pooh Bear, Peppa Pig, Postman Pat. Say the 'p' words to your child as they colour.
- Play a hiding game with 'p' toys, asking, "Where is Pooh?" and saying "Peepo Pooh!"
- Sing songs that include lots of the 'p' sound, e.g. "Two little dicky birds sitting on a wall", 'polly put the kettle on' and '5 little peas in a pea pod pressed'.
- Read books that have characters whose names start with the 'p' sound. Emphasise this sound. You could change the names of characters to 'p' names like Penny, Peter or Paul.
- Remember the cued articulation sign for the 'p' sound- use this when you say the sound on its own and in words.

Remember: Your child doesn't need to say the 'p' sound, the important thing is that they listen to you. If they choose to copy you- great, but don't ask them to.

Have fun!