

Children's Speech and Language Therapy Service

Playing with Sounds: The 's' sound

Activities you can try at home:

- Play with toy snakes, or your paper snake.
- Make the 's' sound for your child to listen to.
- Make a stocking snake by filling old tights with balls of newspaper. Stick on eyes and a tongue made of newspaper. Make the snake's 's' sound for your child to listen to.
- Play threading with string and beads. You could also use pasta tubes. As you thread them, say a long 's' sound.
- Make a 'silly sandwich' with your child using pretend food. Try to find food items beginning with 's' to put into the sandwich, such as sausage, strawberry, sauce, salt, sweets. As you play with your child, say the 's' words for them to listen to, e.g. "Lets put sausage in the sandwich".
- Sing songs with the 's' sound in e.g. 'Insey Winsey spider' or 'Dingle dangle scarecrow'.
- Read books that have characters whose names start with the 's' sound, for example 'Spot' books. Emphasise this sound. You could change the names of story characters to 's' names like Susie, Sam, Sally or Sarah.
- Remember the cued articulation sign for the 's' sound- use this when you say the sound on it's own and in words.

Remember: Your child doesn't need to say the 's' sound, the important thing is that they listen to you. If they choose to copy you- great, but don't ask them to.

Have fun!