

Children's Speech and Language Therapy Service

Playing with Sounds: The 't' sound

Activities you can try at home:

- Make a water bottle (with sports cap) into a special dripping bottle. When water comes out, make the 't' sound.
- Play 'washing toys' with the water bottle. When the water drips, say the sound 't t t' to your child.
- Wash the toy's tummy and toes. Dry with a towel. Say 'tummy' and 'toes' to your child lots of times.
- Use a play tea set and make 'tea' with the water bottle. Drip the water in to the cup saying 't t t'. Let your child drip the water in too. Say the 't' sound to your child as they do this.
- Sing songs with the 't' sound e.g. 'I'm a little teapot'.
- Read books to your child with the 't' sound.
- Colour in pictures of characters with 't' names e.g. 'Tellytubbies' or 'Tomliboos'.
- Remember the cued articulation sign for the 't' sound- use this when you say the sound on it's own and in words.

Remember: Your child doesn't need to say the 't' sound, the important thing is that they listen to you. If they choose to copy you- great, but don't ask them to.

Have fun!