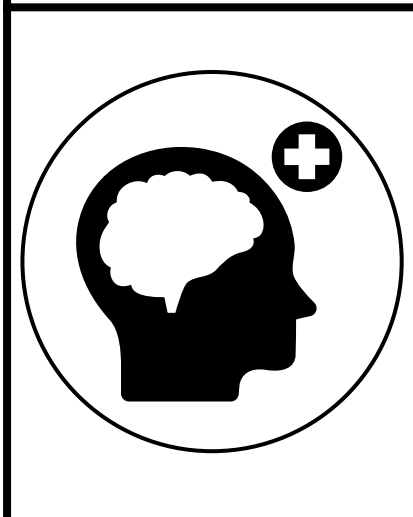


Community Learning Disability Psychiatry Team (mental health doctors)



Some people will need someone to help them to go through this information so that they understand it. This person may be a member of staff, someone from your family or a friend.



Psychiatrists are mental health doctors who can help with:

- mental health
- autism
- ADHD
- epilepsy

At your appointment



You can bring someone with you if you want to.

When we meet you we will say:

- what our name is
- what our job is
- what will happen during your appointment

We may ask you questions about:

- your feelings (mental health)
- your physical health
- your medicines
- what has changed
- what you can do by yourself
- what you need help with

We will ask the people who know you best about:

- how you have been
- what is going well
- what is not going well

We will use this information to work out how best to help you.

This could be:

- talking about your thoughts and feelings
- medicine for your mental health / ADHD / epilepsy
- asking the GP or other doctors to do tests

Working with you



We will work with you and other people who support you.

This could include your:

- family/friends
- carer
- doctor
- hospital
- social worker
- other people in the learning disability team



We will make a plan together about how to help you.

When we start working with you we will make sure that you know how you can get in touch with us.

If you are waiting to work with us and you have a question, you can contact us:

LD Access Team

Tel: 0116 295 4528

Email: lpt.ldaccess@nhs.net

