Children's Speech and Language Therapy Service

Supporting Auditory Memory

Auditory memory is a person's ability to remember what they hear when it is said to them. For some children this can be difficult and they struggle to remember everything which they hear.

Strategies to support a child's auditory memory -

- Ensure you have the student's attention. Call their name and make eye contact with them.
- Shorten your sentences.
- Give one instruction at a time.
- Give instructions in the order you want them to be carried out e.g. "Take your coat off. Open your books" not "before you open your books, take your coat off"
- Repeat information.
- Use practical demonstration of activities.
- Use pictures, objects, key words etc. as visual reminders.
- Encourage the student to ask for repetition and clarification.
- Encourage the student to draw or write down, key words or use mind maps to support their memory.
- Encourage the student to visualise information i.e. make a mental picture.