

<b><u>ROLE DESCRIPTION</u></b>	
<b>Role Title:</b>	General gardening in a specific area
<b>Role Purpose:</b>	To support the Adult Mental Health and Learning Disabilities Divisions inpatient services with general gardening both on the wards as well as the off ward garden spaces.
<b>Hours:</b>	Variable; minimum 1 hour
<b>Reports to:</b>	Katie Crowfoot

### **What is the benefit of this volunteer activity?**

Supporting our wards to develop their own ward garden spaces to become a more therapeutic and recovery focused area. This activity may involve gardening activities on and off the ward, as we will have areas developed for patients to access and grow plants for seeds as well as therapeutic areas for patients to explore off the ward whilst remaining in the safety of the hospital grounds internally.

### **What is the benefit of this volunteer activity for me as a volunteer?**

- Giving something back to the community
- Supporting mental health services
- Protected time outside
- Sharing of skills
- Sense of achievement
- Gaining a basic awareness of mental health

### **Tasks**

- General weeding
- Light digging
- Replanting
- Removal of debris
- Sweeping slabs
- Disposal of rubbish – bags provided by hospital

### **TRAINING**

Ward orientation  
 Garden orientation  
 Fire safety  
 Risk assessment

**PLACEMENT LOCATIONS**

Placement Area	Brief Description
Bradgate Mental Health Unit – Occupational Therapy Dept.	Internal courtyard spaces that may or may not have patients present at any one time. You will be supported by a member of the therapy team.
Bradgate Mental Health Unit – Acute ward, PICU and HPC wards	Closed ward garden, patients will be present. You will be supported by a member of the ward team.
Adult Learning Disabilities – Short Breaks	Closed ward garden, patients will be present. You will be supported by a member of the ward team.
Adult Learning Disabilities – Agnes Unit	Closed ward garden, patients will be present. You will be supported by a member of the therapy/ward team.

**PERSON SPECIFICATION**

<u>Volunteer Specification</u>		Weighting: 2 Important 1 Desirable
<b>Experience</b>		
Gardening		1
<b>Knowledge</b>		
Plants		1
Basic Gardening		2
What is a weed		1
Landscaping		1
<b>Skills</b>		
Creative		1
Gardening		2
<b>Motivation</b>		
Positive		2
Keen		2
Passionate		2

<b>Special Aptitudes</b>	
Basic knowledge in gardening	2
Commitment to attend as arranged/planned	2
<b>Circumstances/Flexibility</b>	
Flexibility with timings	2
Willingness to a change of environment on arrival (to keep you safe)	2
<b>Qualifications</b>	
Nil	1

**DBS**

**This post is subject to an Enhanced DBS (CRB) check.**