

## **Transfer of integrated weight management services for children and adults to Leicestershire County Council**

### **Frequently Asked Questions**

#### **Q. Which services are affected?**

Adult and children's weight management services, currently delivered by Leicestershire Nutrition and Dietetics Service (LNDS) will transfer to Leicestershire County Council (LCC) on 1 October 2019.

The service transfer will affect weight management programmes for adults and children and the Food Routes programme which is run in some primary schools.

#### **Q. Will these services change?**

Following the transfer of the service, LCC will continue to provide weight management programmes for adults and children.

LCC will continue to provide adult weight management sessions. Based on an individual's needs, under the new service they might be referred to an online or telephone-based weight management programme instead.

There are no plans at this time to change the services that are currently provided to children and families.

#### **Q. Will weight management services be available across the county or centralised?**

Groups will continue to be offered across each district in Leicestershire.

#### **Q. Will the referral criteria change for children and adults' weight management programmes following the service transfer?**

There are no plans at this time to change the referral criteria for adults, or for weight management services for children and families.

Once a referral has been received, one of our advisors will contact you to discuss the most appropriate weight management service for you/your child's needs.

#### **Q. How can I get referred to an adult or children and families service?**

If you need to access a children's weight management service or an adult weight management service before the 31 September 2019 please contact the Leicestershire Nutrition and Dietetics Service on **0116 2955284**.

From the 1 October 2019, you can self-refer to adult weight management services, or be referred via your GP.

For the children and families service, you can be referred by a public health (school) nurse, your GP, or you can self-refer.

Contact details for the new service to enable self-referral are:

**Tel: 0116 3051510**

**Web: [leicestershirewms.co.uk](http://leicestershirewms.co.uk)**

### **Q. My child attends weight management sessions - will they still be seen as regularly? Will our appointments be in the same place?**

There are currently no plans to change the frequency of weight management sessions following the service transfer, although the location of clinics may be different. You will be advised by your dietitian.

### **Q. What will happen to my patient records?**

Your patient records will be automatically transferred from Leicestershire Partnership NHS Trust (LPT) to Leicestershire County Council unless you state that you do not wish to do this. You will receive a letter towards the end of July advising you how to opt out should you wish to do so.

### **Q. Will all my NHS/GP records be transferred?**

Only the patient record relating to the care provided by Leicestershire Nutrition and Dietetic Service in relation to weight management services will be transferred to Leicestershire County Council, **NOT** your full NHS / GP patient record.

### **Q. When will my data be transferred? How can I be assured that there won't be a data breach?**

Data will be transferred from Leicestershire Partnership Trust (LPT) to Leicestershire County Council before the new weight management service starts on 1 October 2019. All patients will receive a letter at the end of July with more information about the data transfer. The letter will explain how they can opt out of this process.

More information about data protection and privacy can be found on [Leicestershire Partnership Trust](#) and [Leicestershire County Council's](#) website.

### **Q. What information and support will be available online?**

Information about Leicestershire County Council's weight management services and how to access them will be made available via the Leicestershire County Council website from September 2019.

**Q. Can I access a weight management session in the city if I live in the county and vice versa?**

No, unfortunately the way the services are separately paid for means that you will only be able to access weight management services in the area where you live.

**Q. I've done one of the courses and am expecting my follow up session. Will that still go ahead?**

Yes, it will. You will receive a letter as usual telling you where and when the follow-up session will take place.

**Q. Will the new weight management services be run by dietitians or people trained in behaviour change?**

The Leicestershire County Council weight management team will be made up of qualified dietitians and nutritionists, just like the current service.