### Leicestershire Partnership Miss **NHS Trust**





# **Speech and Language** Therapy Services

Talking Fun - 2 Years

#### A leaflet for parents and carers

Talking is learned through everyday activities. The following games will help your child to hear and use new words. As your child learns more words he/she will begin to join them together in short sentences.

Make sure there are quiet times in the day when you talk to your child. Turn off the television and music so that he/she child can concentrate and listen more easily.

While your child is learning to talk it is important for him/her to move his/her tongue and lips properly, so try to restrict the use of the dummy to bedtime only. Don't encourage your child to talk with the dummy in his/her mouth.

Talk about everyday activities as you do them, e.g. washing dishes, hoovering, shopping. Encourage your child to join in.

- Talk about everyday activities.
- Add a word when your child just says one.
- Listen to your child and give him/her time to talk.
- Keep playing with toys and looking at picture books with your child.





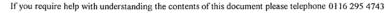
## **Speech and Language Therapy Services** Talking Fun - 2 Years

- Play with your child for 10-15 minutes each day with their toys. You can play pretend games that relate to everyday life, for example, washing, eating, dressing. Talk about what is happening using short simple sentences.
- Enjoy simple books with your child. Point to and name different things on each page. Let your child point to the pictures he/she likes and you name them for him/her.
- Ask you child to follow simple instructions, e.g. "Give the ball to daddy", "Give dolly a drink". You may have to show your child what to do.
- Singing action rhymes and traditional songs can be enjoyable for your child. Encourage him/her to fill in missing words, e.g. "The wheels on the bus go round

- Expand what your child says by adding another word, e.g. if your child says "ball" you could say "kick ball" or "throw ball".
- Talking and playing with other children of the same age also helps develop language skills. Consider joining a mum and toddler group, playgroup or crèche.



If you have any concerns or would like further information about your child's talking skills, please contact your health visitor or Children's Speech and Language Therapy Service Bridge Park Plaza, Bridge Park Road, Thurmaston, Leicester, LE4 8PQ Telephone: 0116 225 5256



এই ডকুমেন্ট'এর কোন বিষয় বুঝতে আপনার যদি সাহায্যের প্রয়োজন হয়, তাহলে অনুগ্রহ করে 0116 295 4743 নাম্বারে টেলিফোন করুন।

જો તમને આ દસ્તાવેજમાં આપેલ માહિતી સમજવા માટે મદદ જોઇતી હોય તો મહેરબાની કરીને 0116 2954743 પર ફોન કરો.

अगर आपको इस दस्तावेज में शामिल जानकारी समझने में सहायता चाहिए तो कृष्या 0116 295 4743 पर फ्रोन कीजिए।

ਜੇਕਰ ਤੁਹਾਨੂੰ ਇਸ ਦਸਤਾਵੇਜ਼ ਦਾ ਵਿਸ਼ਾ ਵਸਤੂ ਸਮੱਝਣ ਲਈ ਮਦੱਦ ਦੀ ਲੋੜ ਹੈ ਤਾਂ ਕ੍ਰਿਪਾ ਕਰਕੇ ਇਸ ਨੰਬਰ ਤੇ ਟੈਲੀਫੋਨ ਕਰੋ 0116 295 4743

Hadii aad u baahantahay in lagaa caawiyo fahmida qoraalka ku qoran documintigaan fadlan nagala soo xiriir telefoonkaan 01162954743

Jeśli potrzebujesz pomocy w zrozumieniu treści tego dokumentu prosimy o telefon pod numer 0116 2954743.

اگرائ تری کے بھٹے ش آپ کور دی ضرورت ہوتو میریانی کرے 0116 2954743 پر ٹیل فون کریں۔



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