

Ref No. SG8043

Date: 24 April 2019

REQUEST:

1. Do you use any form of Animal-assisted Therapy within your Mental Health Trust?

2. Is the AAT used primarily for patients with: (please tick the relevant box)

| | |
|-----------------------------------|--|
| · Depression | |
| · Anxiety | |
| · Post Traumatic Stress Disorder? | |
| · Dementia | |
| · Other | |

3. How many instances has AAT been used for each of the above in the last 5 years?

4. Do you have a standard operating procedure or protocol in place for AAT? If so, please provide a copy of this.

5. How much money is spent each year on AAT within your Mental Health Trust?

6. Has the Trust published any evaluation reports on the effectiveness of AAT? If so, please could you provide a copy.

OUR RESPONSE:

1. We provide a voluntary Pets as Therapy (PAT) service with dogs

2. Mental Health Service patients on site at the time of the PAT dog visit

3. We do not record this information as this is a voluntary service

4. No

5. £0

6. No