

Novel Coronavirus (COVID-19): Leicester, Leicestershire and Rutland stakeholder bulletin #9

Issued on behalf of the NHS in LLR

Date of issue: 1st May 2020



Through these bulletins we will keep you updated on the NHS response to Coronavirus in Leicester, Leicestershire and Rutland.

We will try to ensure you have the latest information, but as you are aware the situation is rapidly changing. If you have any questions or would like to ask about a topic please email us at: PressOfficeLLRCCGs@leicestershire.nhs.uk

Please continue to support the message on staying at home and in particular help us to tackle misinformation by promoting the official sources of information: <https://www.gov.uk/coronavirus>.

Coronavirus cases in LLR

As at 30 April (latest figures available) there were 1,574 lab confirmed cases in Leicester, Leicestershire and Rutland (LLR) and 232 people who tested positive with coronavirus have sadly died in Leicestershire's hospitals (University Hospitals of Leicester NHS Trust and Leicestershire Partnerships NHS Trust) as at 1 May.

Continuing clap for LLR carers

We would like to thank all of our NHS staff, carers, key workers and volunteers in LLR, who are doing such a great job on the frontline. They are delivering excellent care and support to get us through these exceptionally challenging times and we're all very grateful for the wonderful work they're doing to protect us and keep essential services running. A huge thank you!

Local testing for essential workers goes live at Birstall Park and Ride

Essential workers and the people they live with can now get tested to see if they have coronavirus at a convenient local drive-through test centre at Birstall Park and Ride.

This means that people who work in the NHS, social care, education, food and drink production, transportation and many other essential services, as well as people in their households, will now be able to be quickly tested locally if they have symptoms. If the test is negative for everyone in the household, workers will be able to get back to carrying out their critical roles as soon as possible.

Appointments for testing must be made in advance. Some employers will choose to refer their employees for a test using an online portal or they may ask employees to refer themselves by visiting www.gov.uk/coronavirus.

After referral, essential workers will receive a text message containing a website link and a verification code for them to book a test for themselves and the people they live with. The results will be sent to the individual by text message within 48 hours.

People should aim to have the test, which consists of a swab to the mouth and nose, within the first three days of the onset of symptoms. Essential workers are therefore urged to get referred for a test as soon as they develop symptoms and begin self-isolating.

As part of the local plans, further mobile test centres will also be made available in line with local demand. This means people's appointments can be at Birstall Park and Ride or at other local sites.

How is Covid-19 impacting you?

As the current covid-19 situation is ongoing, your local Clinical Commissioning Groups and Healthwatch would like to understand how this may be affecting you and the people your organisation represents. There have been many temporary changes to the way health care is being delivered in a short space of time to delay the spread of the virus.

We want to improve the care we are providing at this very difficult time to ease daily pressure and improve the health and wellbeing of all patients. Your feedback will also be used to help us develop the way health services are offered following the Covid-19 pandemic. Your feedback on the impact on the people in your community during this unique time, good and bad, are incredibly valuable to us.

Please take some time to complete this short survey by clicking the following link: bit.ly/LLRCovid19

If you could kindly share this survey with your networks, service users or anybody you feel may benefit.

If you require this survey in another format:

Email: beinvolved@leicestercityccg.nhs.uk

Telephone: 0791 7722 708

New urgent care dental services

People in need of the most urgent dental care can now access one of the 30 new Urgent Dental Centres which are open in the East Midlands.

Since social distancing measures for Covid-19 and restrictions on daily activity were introduced, all non-urgent "face to face" dental activity at dental practices in the East Midlands has stopped.

People seeking help with dental problems should not visit a local NHS dental practice in person but instead phone, between the hours of 9am-5pm, Monday to Friday, for advice on alternative arrangements in place. Or contact NHS 111 evenings after 5pm, on weekends and bank holidays. The few patients in need of urgent treatment will be referred on to an urgent treatment centre and given instructions on how to access this. The new Urgent Dental Care (UDC) systems will operate by appointment only.

In addition, people seeking help should not visit A&E departments or GP surgeries for dental care - they will not be seen and will be directed back to their own dental practice or to NHS 111.

World Hand Hygiene Day – 5 May

World Hand Hygiene Day takes next week on 5 May. Each year on this day, the World Health Organisation (WHO) leads the 'SAVE LIVES: Clean your hands' campaign, as part of a major global effort to improve hand hygiene in healthcare settings.

This year's campaign focuses especially on nurses and midwives around the world, due to it being the

International Year of the Nurse and Midwife. However, the organisation is being backed by the local NHS, in its call on everyone to be inspired by the global movement, especially during the Covid-19 pandemic.

Regular and effective hand hygiene is the single-most important thing you can do to protect yourself and others from infection during the coronavirus outbreak. Washing your hands properly removes dirt, viruses and bacteria to stop them spreading to other people and objects, which can spread illnesses.

Watch out for children's welfare during lockdown

Residents are being urged to be extra vigilant of children's welfare during lockdown and report any concerns they may have.

The 'Their door is shut. Ours is open' campaign has been launched following a fall in calls to local safeguarding teams since the introduction of social distancing measures.

Read more here: [Watch out for children's welfare during lockdown](#)

Ramadan and COVID-19

Ramadan began on the evening of 23 April and will end on the evening of Saturday, 23 May. Staying at home during Ramadan will play an important part in the nation's effort to slow the spread of coronavirus, and accordingly [PHE have published a blog about coronavirus and the holy month.](#)

Information about coronavirus in other languages

Remember that information relating to Covid-19 and wellbeing is available in other languages. Translated information about the Government's advice on the importance of staying at home is available in Polish, Russian, Punjabi, Urdu, Bengali, Gujarati, Romanian and International Romany and can be downloaded here: [Translated Government advice.](#)

The Prime Minister's letter to all residents is available in Polish, Russian, Punjabi, Urdu, Bengali, Gujarati, Romanian, International Romany and Somali. It can be downloaded here: [Translated Door Drop Leaflet.](#)

Information on the 'Every Mind Matters' campaign's 10 top tips to support your mental wellbeing has been translated into Polish, Russian, Punjabi, Urdu, Bengali, Gujarati, Romanian, International Romany and Somali. It can be downloaded here: [Translated Social Media Post.](#)

Useful information

One Prepared is a local source of information for help and services in LLR <https://www.llrprepared.org.uk/one-prepared/>.

National information is available at <https://www.gov.uk/coronavirus>

For health advice on coronavirus please visit: <https://www.nhs.uk/>

For local NHS information see <https://www.leicestercityccg.nhs.uk/my-health/coronavirus-advice/>