

Dear stakeholder,

Welcome to the latest edition of our stakeholder newsletter LPT News. It has been a very busy and challenging few months for all due to the Covid-19 pandemic but we have now begun the process of restoration and recovery. We can assure you that we have plans in place should we need to step up our services again as part of the wider NHS family. We are also preparing for an imminent inspection from the Care Quality Commission (CQC).

Back in March we established major incident procedures to coordinate our response to the Covid-19 pandemic. Our response involved: setting up new services to best meet expected demand, altering the delivery of services to minimise face-to-face contact, adjusting our approach to patient contact in line with guidance on isolation and protective approaches and temporarily closing some services to prioritise delivery of critical services. All of this work by our amazing staff has been summarised in a short film which you can watch [here](#).

Our new vision '*creating high quality, compassionate care and wellbeing*' and our Step up to Great strategy is now well-embedded within our Trust and staff are proud to live our values and leadership behaviours. Watch this short animation to find out more [here](#).

We also want to make you aware of our upcoming stakeholder survey in which you will be able to give us feedback on how you think we are doing. Please do look out for it as we want to hear from you.

Also included in this bulletin are the opportunities to join our online Trust Board session taking place on 01 September and attend our virtual Annual General Meeting (AGM) on 22 September where you will be able to find out more about all of the work being done across LPT and ask questions of our trust board.

Thank you as always for your support. Please keep an eye out for all our latest news by following us on Twitter: [@LPTnhs](#) or visit our website: www.leicspart.nhs.uk

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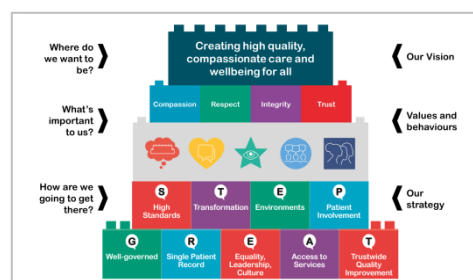
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Cathy Ellis
Chair



Angela Hillery
Chief Executive



1. Launching our People's Council



We are excited to announce that we are recruiting members to our new People's Council which will launch in September 2020. The People's Council is a new independent advisory body for the Trust made up of individuals with a lived experience of receiving healthcare services from Leicestershire Partnership NHS Trust (LPT), through Patient and Carer representatives and Voluntary and Community Sector organisations and groups who work with different communities across Leicester, Leicestershire and Rutland.

The People's Council will work with LPT to help to shape our approach to engagement and improving patient experience by advising on the best ways to reach out to communities and individuals and to feedback and review the experience of those who use or who are impacted by the service delivered by LPT.

To find out more visit the [Involving You](#) section of our website. Here you will find a full role description and the expression of interest form.

2. Latest services to be restored



As a result of the outbreak, we prioritised the care we normally provide, and some services have been restricted or closed. We have written to all patients affected by this.

The latest services to be restored are:

- 22/06 – **Podiatry** partially restored. Service is moving towards recovery. The service has added telephone consultations

to its range of options for patients; and from 29/06 resumed face-to-face clinics for high risk patients.

- 12/08 – **Community immunisations service** partially restored. Service is working in partnership with Loughborough Schools Foundation and also Leicester City Football Club to deliver vaccinations.
- 13/07 – **Community integrated stroke and neuro service** partially restored. The service is working with Early Supported Discharge Service (ESDS) to support patients who are discharged.
- 10/08 – **Heart failure service** partially restored. Service offering digital contacts and face-to-face in patient's own home.
- 17/08 - **Children's speech and language therapy** partially restored. The 0-19 service will be communicating with all parents who have a child that has been identified as a late talker and is currently on a waiting list for a Let's Get Talking workshop.
- 17/08 – **Breathlessness and pulmonary rehabilitation** partially restored. Service to be reinstated with combination of phone, video and face-to-face contacts all on a 1:1 basis.

For the latest update on service restoration please visit our [dedicated webpage](#).

3. Trust Board live

Our Trust Board
As of July 2020

NHS
Leicestershire Partnership
NHS Trust

 Cathy Ellis Chair	 Angela Hillery Chief Executive	 Daniela Cocchini Deputy Chief Executive and Director of Finance
 Geoff Rowbotham Non-Executive Director and Deputy Chair	 Faisal Hussain Non-Executive Director	 Liz Rowbotham Non-Executive Director
 Prof. Kevin Harris Non-Executive Director	 Ruth Marchington Non-Executive Director	 Darren Hickman Non-Executive Director and Senior Independent Director
 Rachel Blisborough Director of community health services	 Gordon King Director of adult mental health	 Helen Thompson Director of families, young people and children's services and adult learning disabilities
 Sarah Willis Director of human resources and organisational development	 Chris Oakes Director of corporate governance and risk	 David Williams Director of strategy and business development
 Dr. Avinash Hirani Medical Director	 Dr. Anne Scott Interim Director of nursing, allied health professionals and quality	

Our board of directors (the Trust board) meets in public six times a year to discuss a wide range of issues. Due to patient confidentiality or commercial sensitivity, some items may be discussed in private. When necessary, the Trust board will pass a motion to move to private

session when members of the public will be asked to leave.

The next public Trust Board meeting will be held in virtual format on Tuesday 01 September 2020. Members of the public can observe this meeting by clicking the following link (the link is to Microsoft Teams which in turn will open a live meeting event online):

<http://bit.ly/trustboard0920>

You can also [ask a question](#) of our Trust Board.

4. Annual General Meeting (AGM)



Our AGM is open to our staff, our members and the wider public, and is an opportunity to hear about our Trust's highlights and achievements from over the last year. We will present our annual report, and outline our progress against our vision – creating high quality, compassionate care and wellbeing for all. You will also have the chance to ask questions to our Chief executive, Chair and other members of the Trust Board.

We will also share more about how our charity Raising Health has helped us to continue going above and beyond, pre- and throughout the Covid-19 pandemic.

22 September 2020 – 4pm until 5pm

For more information and to register to attend please click [here](#).

5. Supporting the mental health of our communities

We recognise the impact that the current unprecedented changes to daily life continue to have on the mental health and emotional wellbeing of our local population, resulting from the ongoing coronavirus pandemic.

In particular we want to ensure that all communities impacted are able to access the right help. We have put together a signposting resource in 11 different languages, which shares information on local services that can be accessed directly, whatever the level of need:

Support for your mental health and emotional wellbeing
Leicestershire Partnership NHS Trust

Services for all ages Services for children, young people and families Other services

Service	Contact	Availability
Central Access Point If you are in need of urgent NHS mental health support you can call our Central Access Point.	0116 295 3060	24/7
Mum's Mind A text service providing advice and information to anyone concerned about a mum's mental health in pregnancy or baby's first year.	07507 330026	M-F 9.00 – 16.30
ChatHealth Confidential text messaging service for advice and information from a public health nurse (health visitor or school nurse).	For young people aged 11-19: 07520 615386 For parents and carers: 07520 615381 Leicester: 07520 615387 Leicestershire and Rutland: 07520 615382	
Health for Under 5s, Health for Kids, and Health for Teens Dedicated websites with age-appropriate resources. Search 'Health for Under 5s / Kids / Teens'		
Turning Point Provide a free confidential mental health crisis line for adults.	0800 800 3302	24/7
Let's Talk Wellbeing (IAPT) Provide a range of talking therapies and self-help materials to help you if you are experiencing anxiety, stress or depression.	0116 292 7010	

visit www.leicspart.nhs.uk/emotional-wellbeing for more

This has been translated into the top 10 requested languages for Leicester City:

- [Gujarati](#)
- [Polish](#)
- [Punjabi](#)
- [Hindi](#)
- [Urdu](#)
- [Bengali](#)
- [Kurdish Sorani](#)
- [Arabic](#)
- [Somali](#)
- [Romanian](#)

They are all available to download here:

<https://www.leicspart.nhs.uk/hereforyourwellbeing> in addition to alternative formats including audio versions for people who may have a visual impairment or a learning disability.

We have also produced a [downloadable leaflet](#) which will be useful for people who are shielding, self-isolating, or to anyone else who may feel vulnerable or anxious as a result of the pandemic. It includes advice on eating well, staying hydrated, keeping busy, taking care of your

environment and connecting with others. The leaflet is also being translated for non-English speaking members of our community into: Gujarati, Punjabi, Urdu, Bengali, Hindi, Romanian and Polish.

It provides details of helplines, websites and text messaging support services for people with emotional wellbeing needs, including Leicestershire Partnership NHS Trust's 24-hour Central Access Point 0116 295 3060 which provides urgent mental health advice and support for people of all ages, and the free 24-hour Leicester, Leicestershire and Rutland mental health crisis line for adults, 0808 800 3302 which is provided for LPT by Turning Point.

6. Managing the pandemic in community hospitals



Over the past few months, Leicestershire Partnership NHS Trust's community hospitals have played an important part in dealing with the Covid-19 pandemic alongside our other NHS partners in Leicester, Leicestershire and Rutland. The safety of patients and staff continues to be our top priority.

At the onset of the pandemic we set aside two of our 12 wards across our community hospitals to deal exclusively with patients who are Covid-positive, to support the demand for beds across the local NHS system. These were based at Hinckley and Bosworth Community Hospital.

In May 2020, we temporarily suspended the admission of patients to Feilding Palmer Hospital in response to the 'Covid-19: infection, prevention and control guidance', to ensure patient and staff safety. The small Victorian hospital does not enable safe social distancing to be maintained on the ward to prevent the spread of the Covid-19

infection, however it remains open for outpatient services. Read more [here](#).

Angela Hillery, chief executive of LPT, said: "To continue to keep our patients and staff safe, we've undertaken a comprehensive review of all 12 wards in our community hospitals in line with the Government's latest infection prevention control guidance, to assess their suitability in dealing with Covid-positive patients and preventing the risk of transmission.

"Feilding Palmer Hospital has been assessed as the least well suited ward to care for Covid-positive patients. We had hoped that with some reasonable alterations to the site, we would have been able to re-open the ward to temporarily treat Covid-positive patients, however our review has identified that there would still be limitations for storing and providing piped oxygen on the ward and have safe socially-distanced staff and patient wellbeing areas. As our smallest and oldest hospital (opened in 1899), unfortunately its layout doesn't allow for social distancing or allow us to follow the Government's infection prevention control guidelines at this time.

"The capacity at Hinckley has been more than enough to cope with the height of the pandemic dealt with by the whole NHS across Leicester, Leicestershire and Rutland in the spring. Our latest review will enable us to quickly and safely vary bed capacity across all of our community hospitals depending on current and future demand.

Angela Hillery added: "We would want to reiterate that this remains a temporary measure while we are dealing with the pandemic. It will continue to be reviewed every three months, or when the situation changes and new government guidance is issued, if there is availability of a vaccine for Covid-19, or a substantial surge in Covid cases. When it is safe to do so, we look forward to re-establishing inpatient services as normal across all our community hospitals.

[Read more here](#).

7. Scoring immunisations success



LPT's community immunisations service has teamed up with Leicester City Football Club (LCFC) to continue its secondary school vaccination programme this summer, ensuring that pupils in the city do not miss out on important vaccinations, despite the constraints of the Coronavirus pandemic. The team will be delivering three vaccination sessions (by appointment) at the King Power Stadium in Leicester during August.

[Read more.](#)

8. IAPT virtual focus group



You're invited to a forthcoming workshop we are holding at LPT to hear your views and input into our bid to provide IAPT (Improving Access to Psychological Therapies) services.

LPT is tendering to become the provider of IAPT services within LLR, and this will help us to create a completely integrated service for people with mental and physical health problems across the whole area.

The focus group will take place on **04 September 2020, from 2pm until 3.30pm.**

We need your ideas and experiences to help us design a service that meets the needs of everyone who will use it. We expect to have about 30,000 patients going through the service each year. It is vital that we get your views on how the service should operate at this bid stage and also once the service is up and running.

Find out more [here](#).

9. Community hospital helps patient's Covid recovery



Kully Sidki is continuing his recovery from Covid-19 after spending a total of eight weeks in three different hospitals. Mr Sidki, 44, a married father-of-two from Leicester, was given a rousing round of applause when he was discharged from Coalville Community Hospital.

He said: "I got caught by the Covid virus, developed sepsis, and was quite critical for a while. I lost two-and-a-half stone, it affected my speech, and it left me confused. I can't recognise myself when I look in the mirror.

"I was admitted to the Leicester Royal Infirmary, spent four weeks in intensive care in the Glenfield Hospital, and then came to Coalville to get stronger. I'm feeling a lot better. The physiotherapy team here at Coalville are absolutely brilliant, they have got a talent to bring the best out of you. I am looking forward to going home, I haven't seen my wife and the kids for eight weeks. We are very lucky to have the NHS, I think the treatment I had has been absolutely first class."

[Read the full story.](#)

10. Raising Health awarded £50,000



We are delighted to announce that Leicestershire Partnership NHS Trust's charity, Raising Health, has been awarded £50,000 from NHS Charities Together to support the health and wellbeing of our staff, patients and volunteers. Part of this money will be used to say 'Thank You' to our staff and volunteers for their hard work and dedication, particularly during the difficult times of the last six months. This will include grants to support vulnerable staff, including BAME and disabled staff groups. Patients will also benefit from the purchase of Boredom Buster equipment. Look out for more news as we roll this out.

11. Staff tackling pandemic on home front



Almost 700 community nursing and therapy staff have been working hard throughout the pandemic to provide treatment to patients in their own homes across Leicester, Leicestershire and Rutland.

Patients would face longer hospital stays, or be less likely to make a full recovery without the visiting clinicians, who make their calls seven days-a-week. Many patients are able to avoid going to hospital at all, receiving all their care at home instead.

The workload for the nurses and therapists includes Covid-positive patients who are able to be cared for at home, as well as patients with other serious or chronic illnesses, those who are recovering from operations and accidents, frail patients with long term conditions and those who need end-of-life care.

[Read the full story.](#)

12. Black Lives Matter – we stand against racism



Message from chief executive, Angela Hillery:

As Chief Executive of LPT and NHFT, I wanted to share some of my reflections. I was deeply shocked and saddened by the awful killing of George Floyd in America. The events leading non from this have really impacted me and I know it has affected many of you too. I touched on it in my staff video messages last week but I have to say, it took me several days to even be able to talk about this tragic event. I know this is an emotional and sensitive time for lots of our staff and our communities.

Make no mistake, we stand together. We no longer just stand against racism, we are striving to be anti-racist organisations and I want us all to work actively towards us achieving this. I've recently seen information which talks about zones of becoming anti-racist. This has been really important for me to reflect on as an individual, to consider where I am and how to stay in the growth zone whilst always learning. I have found this a useful exercise and I wanted to share with you for your own reflection.

Watch Angela's full video message [here](#) or read her full message to staff [here](#).

13. Gardening against the odds



Patients and staff at Leicester's Bradgate Mental Health Unit have been gardening against the odds through the Covid-19 pandemic, to support their mental health recovery journeys, which have been recognised by virtual awards.

Their efforts have transformed previously dull and unkempt areas into award-winning therapeutic havens which have been showcased in our annual 'Let's get Gardening' awards.

The ward teams have worked with patients to create therapeutic safe spaces to benefit patients. As well as putting their green fingers to the test, each ward had to be creative about showcasing their work as coronavirus meant the awards had to be judged virtually.

This is the second year of the Trust's 'Let's Get Gardening' competition. The horticultural showcase awards have become an annual summer highlight for staff and patients alike. This year gardening projects, in both on ward and in off ward spaces at the Bradgate Unit, have continued to go from strength to strength despite restrictions due to Covid-19. Staff have been able to socially distance to work with Covid-19 restrictions, offering one-to-one or small gardening groups during the recent good weather.

The awards ceremony took on a virtual twist and the winners were revealed in an [innovative video](#).

14. Breastfeeding champions



We are delighted that five of our Healthy Together public health nurses (health visitors) have been nominated by local mothers to receive Leicester Mamas Breastfeeding Champions Awards in recognition of the support and care they have provided.

Health visitors Debbie Carlyle, Thelma Katebe, Mary O'Callaghan, Angie Jones and Emily Grundy were all put forward for the awards by parents on their caseload because of the instrumental role they had played in the breastfeeding journeys of these families.

Quotes from the nominations include:

"She was just very reassuring ... she stayed to just allow me to talk and air my concerns, and texted me the next day to make sure I was ok."

"She has supported me so much with my second baby after a diagnosis of tongue tie Nine months later she still checks in on us, and congratulates me on how far we've come. Without her quick thinking and wealth of knowledge, I would probably not have made it past 1 – 2 weeks. She truly is an inspiration, and genuinely cares about children and mums."

Leicester Mamas (mamas.org.uk) is a breastfeeding support programme for families in Leicester. In partnership with LPT's 0-19 public health nursing service, Healthy Together, it offers breastfeeding peer support to new mothers, and during lockdown this support has been more important than ever, with groups continuing digitally or over the phone. [Read more](#).

We hope you've enjoyed reading this edition of LPT News. If you have any questions or want to find out more about any of the articles please get in touch with us at:

communications@leicspart.nhs.uk