

# *Be Part Of Research*



Leicestershire Partnership  
NHS Trust

**Welcome to the latest edition of our BePartOfResearch quarterly newsletter, offering you a snapshot of research projects currently being conducted in the Trust, brought to you by LPT Research and Development (R&D) Team.**





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Introducing our newest member of the R&D Team...

# WELCOME TO THE TEAM, KARISHMA!

I'm Karishma Joshi and I've joined the Research and Development team as the Research Support Officer.

I have recently submitted my PhD thesis at the University of Leicester in the Department of Neuroscience, Psychology and Behaviour. My research investigated the molecular mechanisms regulating how the cells in your brain, your neurons, are connected to each other.

I enjoy research because it allows you to understand the nuts and bolts of how a particular disease or illness works, and using that information to provide the best quality of care.

I am really excited to be supporting the clinical research happening throughout LPT in this role, where research is making a real difference to peoples' lives!



# *Be Part Of Coronavirus Research*

Vaccines can prevent you from getting very serious infectious diseases, such as COVID-19.

Vaccines work by giving you a tiny amount of the disease causing pathogen; this won't make you ill but will allow your body to generate an immune response by making antibodies.

If you were ever infected with the real disease causing pathogen, rather than getting really sick, your body is primed to attack. You are immune to the disease.

Having a vaccination doesn't just protect you against a disease; it can help to curb the spread of the disease.

**Eventually, this can mean that a disease disappears altogether!**

Before a vaccine is available to the general public, important research needs to be carried out to ensure the vaccine is both safe and effective.

Right now there are research studies taking place to make sure any potential COVID-19 vaccinations are safe. In England these studies are being carried out by the NHS and the National Institute for Health Research (NIHR).



# *Coronavirus Research*

## *- What's involved*

### **If you chose to take part, you would be:**

- Contacted by researchers working on NIHR approved studies.
- You would visit the research site a few times over 6 or 12 months where you may or may not be offered a COVID-19 vaccine.
- Here you will be told about the study, what it involves and have the opportunity to ask any questions.
- You may also be asked to have a blood test or take nose swabs.

**This research is essential for us to produce a safe vaccine to beat COVID-19.**

### **The Next Steps - Follow the links to find out how you can get involved:**

- Find out more about **Coronavirus vaccine research**.
- Find out which trials are on-going and recruiting by visiting the **NIHR website**.
- You can join the fight by joining the NHS COVID-19 vaccine **research registry**.

**YOUR NHS NEEDS YOU.**

**HELP US FIND A VACCINE FOR COVID-19.**

# WHAT ARE YOUR VIEWS ON CORONAVIRUS RESEARCH?

Researchers want to find out more about people's attitudes towards COVID-19 vaccine research - and they need your help.

The NIHR Clinical Research Network East Midlands, Centre for Black and Minority Ethnic Health and the University of Leicester have teamed up to create a short survey to understand more about attitudes towards vaccine research.

Participants are asked to answer a series of questions online to help researchers understand more about the potential barriers to participation in vaccine research, and to explore how attitudes might vary across different groups.

The findings will be used by researchers to ensure that COVID-19 vaccine trials are accessible, and that participants are provided with the support and information that they need.

**Find out more and complete the survey [here](#)**



# YOUR PATH IN RESEARCH

Research generates new knowledge and information, and ultimately informs the level of care received by patients.

Clinicians and patients can work together to generate important research questions, which will ultimately improve patient care and treatment options.

Did you know that clinically research active hospitals have better patient care outcomes?

How much do you know about the research happening around you?

Would you like to get involved?



**Check out the next page and watch the video above find out how!**

## YOUR PATH IN RESEARCH



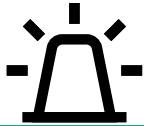
#YourPathInResearch

To find out more scan the QR Code or  
follow the link [here](#).

- 1 Contact your R&D Team  
([research@leicspart.nhs.uk](mailto:research@leicspart.nhs.uk)) to find out  
what research is happening in your Trust.
- 2 Sign up for NIHR Signals for updates on  
the latest research.
- 3 Signpost patients who may be  
interested in taking part in the research  
to the 'Be Part of Research' website.
- 4 Tell NIHR where research is required by  
suggesting a research question.

We can help you find your path in research





# SIREN

SARS-CoV2 Immunity & Reinfection Evaluation



The SIREN study (Sarscov2 Immunity & Reinfection EvaluationN) is a national study run by Public Health England to investigate whether the presence of antibodies protects staff against the virus or not, and if it does, how long it lasts.

**To take part you need to be able to say 'Yes' to all of the following:**

- ✓ • Are you aged 18 or over?
- ✓ • Are you a staff member who works in a clinical setting where patients are present?
- ✓ • Do you intend to remain engaged with follow-up (12 months), even if you move to another NHS site?
- ✓ • Can you provide consent to your participation in this study? (this will be done online)

*We are particularly interested in recruiting people who have a positive antibody test result.*


If you are interested in taking part and would like more information please read the **Participant Information Sheet** or email [research.delivery@leicspart.nhs.uk](mailto:research.delivery@leicspart.nhs.uk) with 'SIREN STUDY' in the subject line. Spaces on the study are limited so please don't delay!

OPPORTUNITY TO SUPPORT COVID-19 URGENT PUBLIC  
HEALTH STUDY WITH LPT'S RESEARCH TEAM:  
BASIL C-19 (BEHAVIOURAL ACTIVATION IN SOCIAL  
ISOLATION STUDY)

We are looking for

**Three Band 5 NHS staff members for the Therapist role**

From a wide range of professional backgrounds  
in health and social care settings.

- BASIL Support Worker online training provided (3 x 2hour online sessions)
- Ability to support alongside current position 
- Excellent opportunity to acquire and develop new skills

**Closing Date**  
**28th October 2020**

Visit the LPT website for more details or alternatively contact Rebekah Pole  
[rebekah.pole@leicspart.nhs.uk](mailto:rebekah.pole@leicspart.nhs.uk) 07881264473  
<https://www.leicspart.nhs.uk/about/research-and-development/>



# Research Forums & Workshops for 2020.

*These workshops & forums are an opportunity to develop your research skills and talk to us about developing your research ideas.*

*No booking necessary and open to all LPT staff.*

For further enquiries & MS Team meeting link please email:

research@leicspart.nhs.uk

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**19**

**RESEARCH WORKSHOP: HRA & NHS ETHICS APPLICATIONS**

**Nov**

**BY DR SARAH BAILLON**

**1pm - 3pm MS Teams**

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**09**

**RESEARCH FORUM: AUTISM IDENTIFICATION ACROSS ETHNIC GROUPS**

**Dec**

**BY DR KRISTIAN ROBERTS**

**1pm - 3pm MS Teams**

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# We are living through history right now!

The 'COVID-19 and Me' journal has been designed for LPT colleagues to self-reflect on their experiences working and living through the coronavirus crisis.

The Research & Development team plan to follow-up this journal with a short survey to collate information about the unique experiences of staff across LPT.



Click to find out more  
and download your  
'COVID-19 and Me'  
reflective journal



@LPTresearch



research@leicspart.nhs.uk

# NHS COVID-19 APP

While we don't have a vaccine for COVID-19, one way we can control the spread of the virus is by contact tracing. The app has features to effectively do this and answers the following questions.



**Trace:** Have you been near other app users who have tested positive?

**Alert:** What is the risk of coronavirus where you live?

**Check-in:** Have you been in contact with coronavirus at a venue you've visited?

**Test:** Do you need to order a test?

**Isolate:** How long do you need to isolate for?

Download [here](#) today, or click the icon below for your device:.



## Keep Up To Date:

Want to keep up to date with research funding or training opportunities available to LPT staff?

Interested in hearing about the research being conducted in the Trust?

Email us:

[research@leicspart.nhs.uk](mailto:research@leicspart.nhs.uk)  
to find out how you can be added to the research mailing list.

Follow us on Twitter:

[@LPTresearch](https://twitter.com/LPTresearch)

**Research changes lives!**

It's only through research that we can develop better treatments and care, as well as improve diagnosis and prevention.



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