

Trust Board Meeting – 27th October 2020

CEO Board Report

Purpose of the report

This paper provides an update on current local issues and national policy developments since the last meeting. The details below are drawn from a variety of sources, including local meetings and information published by NHS England/Improvement, Health Education England, NHS Providers and the CQC.

Analysis of the issue

As we continue to navigate through the changing pandemic situation the Trust is ensuring it follows the latest national guidance and we are keeping our staff updated and informed through a variety of communication channels. I will continue to use this platform to publicly thank all our staff who go above and beyond at this time to provide care to our patients and work as part of the wider system to support our partners. Whilst the incident remains in national NHS Level 3 EPRR response we constantly review our internal ICC arrangements to ensure we can remain as flexible as possible as we move into what we expect to be a difficult winter period. The ICC has recently returned to a 7 day cover arrangement.

I remain sighted and engaged on local, regional and national developments through my involvement in a variety of committees and Boards including the regional Midlands Strategic and Recovery (STaR) Group, the NHSE/I CEO Advisory Group and East Midlands Alliance group. I was also recently asked to join a speaker panel at the Annual NHS Provider Conference to discuss the impact of Covid-19 on Mental Health.

I would like to take this opportunity to share with you an update on our anti-racism work - Step up to make a difference - together against racism. Both trusts have been doing lots of work over the past few years to build our equality, diversity and inclusion activity to make sure that our BAME staff have equal opportunities. In August 2020 a joint meeting was held with our buddy trust, NHFT, to capture this work so far, so we can share our learnings and move forward on our journey together. We have held 2 anti-racism workshops across LPT and our buddy Trust, NHFT, with a further planned towards the end of October 2020. Feedback from the workshops has been collated and shared with staff across both Trusts to highlight the progress made so through four key areas: BAME staff development, listening events, data sharing and working in partnership. We will continue to build upon the fantastic work that's been delivered so far.

The NHS 2020 Staff Survey is well underway and we are working hard at LPT to encourage staff to have their say this year. In the first week 860 surveys were undertaken and this will continue to be closely monitored and the results shared with you.

We are also taking every opportunity to encourage our staff to protect themselves, their loved ones and our patients from the flu this winter. Our flu clinics opened on 29th September and we are reminding staff on a regular basis the importance of booking their appointment and leading by example.

We held our AGM on Tuesday 22nd September 2020 and due to the current situation this was the first time we live streamed the event. The meeting was broadcast live to over 130 colleagues and members of the public. We took the opportunity to share our annual report, which contains a profile of the Trust and an analysis of our performance over the last financial year (April 2019 to the end of March 2020). It also contains our Year in Review, which includes highlights of staff and service achievements. We also shared a visual summary of our Year In Review section in the format of a short film, which is available on our Youtube channel.

Last year, we relaunched our strategy, Step up to Great, to help us achieve our new vision: 'creating high-quality compassionate care and wellbeing for all'. We have recently invited our stakeholders in the local health and social care community to share their view of us through an online survey and one-to-one interviews. This exercise is designed to give us greater understanding of what stakeholders know about LPT, the work we do, the pressures we face, the values we hold, what we are trying to achieve and what they see as our strengths, as well as where we can improve. We have appointed an independent organisation to undertake this work so that our stakeholders can provide confidential and open feedback. The results will be used to inform and drive our plans to continue to improve the quality of the care we provide and will be made available to them all.

The LPT EU Exit Project Group has recently re-commenced. Sharon Murphy, Deputy Director of Finance remains the Senior Responsible Owner for EU Exit. A review of the provider action cards was undertaken and the group reacquainted themselves with the latest requirements and await further national guidance. There are no new significant risks that require escalation at this time. This group will meet regularly between now and end of January 2021; this will be reviewed and adapted, as required.

National Updates

NHS People's Plan

Further to the update provided in my last report regarding the People Plan, all organisations are required to have a Wellbeing Guardian Role. This should be a Non-Executive Director that looks at the organisation's activities from a health and wellbeing perspective and acts as a critical friend. The role of the guardian does not detract from the primary responsibility for health and wellbeing that lies with the Chief Executive Officer.

NHSE/I

Suicide prevention plans

A dedicated support package has been provided to local NHS, public health teams and voluntary organisations across England to strengthen suicide prevention plans and provide practical and emotional support to friends and family who have lost a loved one to suicide. The funding will be used to set up tailored projects to care for people in high-risk and vulnerable groups such as those who self-harm, middle-aged men and hospital patients with mental health illnesses.

Local and grassroots initiatives will also include suicide prevention training programmes, awareness campaigns, some specialist support services for the most vulnerable people at risk of suicide and phone, video and online support.

Funding is also allocated for suicide bereavement support services, including bereavement liaison officers who will provide practical and emotional support for families and loved ones impacted by suicide.

Further information can be found here: <https://www.england.nhs.uk/2020/09/training-for-barbers-to-spot-warning-signs-of-mental-health-problems/>

NHS: World's first carbon net zero national health system.

The NHS has adopted a multiyear plan to become the world's first carbon net zero national health system. NHS England convened the NHS Net Zero Expert Panel in January following the launch of the Climate Assembly UK, to take and analyse evidence on how the health service can contribute to nationwide carbon reduction efforts. The Panel comprised public health and climate experts as well as patient and staff representatives. Their report, endorsed by the NHS board on 1st October, sets out how the health service has already cut its own carbon footprint by 62% compared to the international-standard 1990 baseline, and by 26% when indirect factors are included. Based on the findings of the report the NHS has formally adopted two targets, set as the earliest possible credible dates for the NHS to achieve net zero emissions:

- for the NHS Carbon Footprint (emissions under NHS direct control), net zero by 2040, with an ambition for an interim 80% reduction by 2028-2032, and;
- for the NHS Carbon Footprint Plus, (which includes our wider supply chain), net zero by 2045, with an ambition for an interim 80% reduction by 2036-2039.

Further information can be found here: <https://www.england.nhs.uk/2020/10/nhs-becomes-the-worlds-national-health-system-to-commit-to-become-carbon-net-zero-backed-by-clear-deliverables-and-milestones/>

Independent review into gender identity services for children and young people

The NHS has announced that Dr Hilary Cass OBE, former President of the Royal College of Paediatrics and Child Health, will lead an independent review into gender identity services for children and young people. The review will be wide-ranging in scope looking into several aspects of gender identity services, with a focus on how care can be improved for children and young people including key aspects of care such as how and when they are referred to specialist services, and clinical decisions around how doctors and healthcare professionals support and care for patients with gender dysphoria. It will also set out workforce recommendations for specialist healthcare professionals and examine the recent rise in the number of children seeking treatment.

Further information can be found here: <https://www.england.nhs.uk/2020/09/nhs-announces-independent-review-into-gender-identity-services-for-children-and-young-people/>

CQC

The Care Quality Commission (CQC) is approaching the completion of its 2016-2021 strategy, and has published a draft strategy for 2021 and beyond for discussion ahead of the formal consultation period. CQC sets out how it plans to develop its approach in line with a changing health and care landscape taking into account the context and learning from COVID-19, the development of system working and greater use of digital technologies.

Further information can be found in Appendix 1 CQC draft strategy.

The latest CQC Covid-19 Insight Report (issue 4) includes good practice in infection prevention and control, and share some of the good examples we have encountered in understanding how providers have worked together to tackle COVID-19. These reports are designed to help everyone involved in health and social care to work together to learn from the pandemic, including:

- sharing and reflecting on what has gone well
- understanding and learning from the experience of what hasn't
- helping health and care systems prepare better for the future

The report can be found in Appendix 2 CQC Covid-19 Insight Report (issue 4).

DHSC

The Department for Health and Social Care (DHSC) has provided a further update on the implementation of Liberty Protection Safeguards, which includes a provisional, high-level timeline of key milestones ahead of full implementation in April 2020, including:

- publication of the revised impact assessment in Autumn 2020
- public consultation on the code of practice and regulations in Spring 2021
- publication of the Code of Practice in Winter 2021
- Approved Mental Capacity Professional regulations coming into force in January 2022

DHSC has also shared the first of a series of 'LPS factsheets' to provide an overview of some of the key changes introduced by the MCA 2019, including CCG and NHS Trusts' new role in authorising arrangements.

Further information can be found in Appendix 3 Liberty Protection Safeguards Implementation

Public Health England (PHE)

Every Mind Matters

Public Health England launched their Better Health – Every Mind Matters campaign in early September to support children, young people and their parents.

This campaign offers NHS-approved tips and advice to empower parents and carers to look after their children's mental wellbeing, with the support of the nation's leading mental health and children's charities.

Further information can be found here: <https://www.gov.uk/government/news/public-health-england-launches-new-every-mind-matters-campaign>

Local Developments

Leicester, Leicestershire and Rutland (LLR Better Care Together Update)

The latest edition of the Covid-19 LLR Stakeholder bulletin can be found in Appendix 4.

Clinical Director for the East Midlands Clinical Network

Congratulations to Dr Girish Kunigiri, Consultant Psychiatrist (Adult Mental Health) who has been re-appointed as the Clinical Director for the East Midlands Clinical Network. Girish will continue to work alongside us all in the East Midlands to help support systems and inform clinical decisions in the delivery of the Mental Health Long Term Plan

Changes to commissioning and provision of Low and Medium Adult Secure Care / Forensic Mental Health Services in the East Midlands

The commissioning function for low and medium secure forensic mental health services in the East Midlands transferred from NHS England Specialised Commissioning to the IMPACT Provider Collaborative on 1 October 2020. This is part of a wider piece of work around new provider collaborative and LPT expects to be following in April 2021 with Eating Disorders. This is a positive step that see's providers taking responsibility to improve outcomes for service users

Recent events

We continue to celebrate our staff and their achievements, as always, a big thank you to our Comms team for doing a fantastic job of sharing these stories. It has been a busy couple of months and below is a selection of some of our stories throughout this time:

Award News

Knead to Chat

A huge congratulations to our volunteers who have won a national patient experience award. The 'Knead to Chat' project, which uses the art of bread-making to help patients tackle mental health challenges, was announced as the winner of the Environment of Care Award at a virtual ceremony held by the Patient Experience Network on 14 September 2020.

The Knead to Chat project is aimed at people who already have existing mental health challenges, and also people looking to bring a sense of wellbeing into their lives as a way of dealing with the stress and strains of living in today's modern world.

The Knead to Chat project originated through a partnership bid between LPT and Planet Leicester Bakers for a small grant from the Leicester 'Time to Change' fund. The original funding was aimed at training local volunteers to be able to host bread making sessions in their community to bring people together to talk and make new connections. Malcolm Heaven, project lead attended one of the courses and was enthusiastic to grow the project, which has been very successful and reached lots of people.

Recognition for digital innovations

Two of our digital products, designed to engage families and young people, have achieved national awards success. ChatHealth, a secure text messaging platform that supports confidential conversations with health professionals and Health for Under 5s website, part of a suite of public health websites that support LPT's Healthy Together 0-19 service have provided a real lifeline for families during the Covid-19 pandemic.

Health for Under 5s was named the overall winner of the Forward Healthcare Awards 2020 (beating 26 other finalists across different categories) at a recent virtual ceremony. Healthy Together's overall digital offer had also been shortlisted in the 'Supporting Healthcare Teams through Technology' category. Health for Under 5s has also been named as a finalist in the Digital at the Point of Care category of the HTN awards – the winners will be announced on the evening of 22 October.

In addition, ChatHealth has been shortlisted in Nursing Times Awards 2020 in the 'Nursing in Mental Health' category. Winners of this award will be announced in a virtual ceremony on 18 November. It has also been shortlisted in the Tech Project of the Year and #HealthTechToShoutAbout categories of the HTN Awards.

Black History Month

We are celebrating Black History Month throughout October, along with our buddy trust, NHFT, there is a full packed schedule of virtual celebrations that allow us to come together in a safe way to share experiences, stories and history. This month was originally founded to recognise the contributions that people of African and Caribbean backgrounds have made to this country over many generations and now, Black History Month has expanded to include the history of not just Afro- Caribbean black people but all black people in general.

Speak up Month

October is also Speak Up month and the Trust is raising awareness of this subject via various routes this month. We will also be hosting a virtual tea party on the 29th October with the National Guardian Office and our buddy trust, NHFT. I would like to convey my thanks to Pauline Lewitt, our F2SU guardian and our F2SU partners for all there hard work with us here at LPT.

World Mental Health Day

We recognised World Mental Health Day 2020 on 10th October 2020 and this year it's as important as ever. The stress and uncertainty of the pandemic is having a huge impact on our mental health. Since 2015, RUOK volunteers have taken the opportunity of World Mental Health Day in October to gather at Leicester railway station and other venues to simply ask people how they are feeling. This year, due to Covid-19, the event was run virtually and shared on the @LPTnhs Twitter feed. Also, three LPT staff members (Steve Walls, Clinical Duty Manager, John Moore, Staff Nurse and Matthew Wakely, Team Manager) took part in LPT Hospital Ride to promote RUOK? Day. The LPT Hospital Ride started in 2018 with the three riders from LPT raising funds LPT charity Raising Health by completing the Tide London 100. This years ride stopped off at all LPT sites in LLR, starting at the Bradgate Unit and finishing at Stewart House - A distance of approximately 120 miles.

National AHP Week

This month has also seen National Allied Healthcare Professionals (AHPs) week (12th Oct to 17th Oct) and again there has been a full schedule of different events happening across the week to celebrate our fantastic AHPs! I was pleased to share my leadership journey as an AHP with LPT and NHFT to open the week's events.

LPT People Council

I am pleased to share with you the launch of our People's Council, a brand new independent advisory body for the Trust. The People's Council is made up of individuals who have a lived experience of our services, and will also include patient and carer representatives as well as voluntary and community groups across Leicester, Leicestershire and Rutland. The Council is chaired by Mark Farmer, Healthwatch Leicester and Leicestershire Board Member.

Members of the People's council will:

- Work with LPT to help shape it's local health care services
- Share their perspective based on lived experience of using LPT services
- Advise on how to disseminate information to patients and the public
- Provide a strategic review of patient experience and engagement activity

Executive Directors: external meetings since last Trust Board

September/October 2020	
3 way BAME Meeting (LPT/NHFT/Sussex Partnership Trust)	LLR (Q1) Quarterly System Review Meeting
Ageing Well Programme Board	LLR Digital Leadership Meeting
Anti-Racism Workshop	LLR Transforming Care Provider Network Launch
Buddy Forum	LLR TCP Team Development Culture Workshop 2
Chief Nurse Midlands meetings	LLR Primary and Community System Design Group
Children and Young People's Sub Cell	MH Programme Delivery Board
Clinical Senate	MH Medical Directors' Forum
CQC Engagement Meeting	MH Medical Directors' Forum – Covid-19 Response
East Midlands Alliance	Midlands and East MH and LD CEO's meeting
East Midlands Alliance: Strategy Director Meeting	MH Collaborative Board
EDI Patient Experience & Involvement Meeting	MH Recovery Summit
Feilding Palmer Roundtable Discussion	MH/LD Clinical Forum
Health Economy Strategic Co-ordinating Group	New Community of practice to support emerging and future demand and capacity implications for mental health
GIRFT CYPMH EAST MIDLANDS Provider Collaborative Deep Dive	NHSE/I CEO Advisory Group
Health Economy Tactical Co-ordinating Group	NHS Providers - Community Network Board
Healthwatch	Rehab Centre meeting – NHS Mansfield and Ashfield CCG
Improving Access to Mental Health Services for Children and Young People in Care	Regional Midlands Strategic and Recovery (STaR) Group
Joint Strategic Transformation Programme Board	NHS Midlands CEO Covid-19 Update
LD & Autism Executive Board	National CE Working Group
LD Autism Steering Group Meeting	Performance Recovery meeting
Leicestershire Academic Health Partners Board	Provider Collaborative Main Track Focus Event
LLR CEOs, DOFs & Strategy Directors	Recovery Coordination Group
LLR COVID 19 SAGE Meeting	Regional MH Oversight Group
LLR COVID Discharge Cell	Restoration and Recovery meeting
LLR CCG/LA/Providers Meeting	Soft Relaunch of Leicester, Leicestershire and Rutland Children and Young People Senior Leadership Group
LLR Clinical Leadership Group	Strategic Gold
LLR Flu & Covid-19 Pandemic Vaccination Group	Strategic Leadership Meeting with IMPACT providers
LLR Health Overview Scrutiny Committee	TCP Rapid Improvement Meeting
Leicester City Health & Wellbeing Scrutiny Commission	TCP Management Team Meeting - Financial Planning
Leicestershire County Council Health Overview and Scrutiny Committee	TCP Management Team Meeting (informal)

Proposal

It is proposed that the Board considers this report and seeks any clarification or further information pertaining to it as required.

Decision required

The Board is asked to consider a Non-Executive Director to take on the role of a Wellbeing Guardian, as per the request of the national People's Plan.

Appendices

Appendix 1: CQC draft strategy

Appendix 2: CQC Insight Covid-19 Insight Report (Issue 4)

Appendix 3: Liberty Protection Safeguards Implementation

Appendix 4: BCT Briefing

Governance table

For Board and Board Committees:	Trust Board	
Paper sponsored by:	Angela Hillery, Chief Executive	
Paper authored by:	Sinead Ellis-Austin, Business Manager	
Date submitted:	19 th October 2020	
State which Board Committee or other forum within the Trust's governance structure, if any, have previously considered the report/this issue and the date of the relevant meeting(s):	N/A	
If considered elsewhere, state the level of assurance gained by the Board Committee or other forum i.e. assured/ partially assured / not assured:	N/A	
State whether this is a 'one off' report or, if not, when an update report will be provided for the purposes of corporate Agenda planning	Report provided at each meeting	
STEP up to GREAT strategic alignment*:	High Standards	
	Transformation	Y
	Environments	
	Patient Involvement	
	Well Governed	Y
	Single Patient Record	
	Equality, Leadership, Culture	Y
	Access to Services	Y
	Trustwide Quality Improvement	Y
Organisational Risk Register considerations:	List risk number and title of risk	
Is the decision required consistent with LPT's risk appetite:	Y	
False and misleading information (FOMI) considerations:	None believed to apply	
Positive confirmation that the content does not risk the safety of patients or the public	The content does not risk the safety of patients/the public	
Equality considerations:	None believed to apply	