



Leicestershire Partnership
NHS Trust

Recovery & Collaborative Care Planning Café

An invitation to LPT staff, service users/patients, carers to come along
to our monthly virtual Cafés

Please note that although the session is for 1 hour we can sometimes
go over this time by 10-15 minutes if conversations are flowing.

Wednesday 25th November 2020, 11-12pm via MS Teams

CHIME – Connectedness

- **11am - Welcome, recap and overview of today's café**
- **Ted Talk and introduction to the Frazzled Cafes**
Ruby Wax, Comedian with lived experience, via a pre-recorded Ted Talk video
Lyn Williams, Associate Director for Quality Improvement
Azar Richardson, Patient Leader with lived experience
- **Café conversations**
Group discussion
- **An introduction to the recovery concept of CHIME and this week's theme of Connectedness**
Lyn Williams, Associate Director for Quality Improvement
Azar Richardson, Patient Leader with lived experience
- **An Introduction to the Recovery College and the courses they offer**
The Recovery College
- **12pm – Close**



Future Café Dates and Themes;

- **21st December 1pm-2pm,
Xmas Café, Hope**
- **27th January 11am-12pm,
Identity**
- **26th February 1pm-2pm,
Meaning**
- **24th March 11am-12pm,
Empowerment**

