

Leicestershire Partnership

## **Recovery & Collaborative Care Planning Café**

## An invitation to LPT staff, service users/patients, carers to come along to our monthly virtual Cafés

Please note that although the session is for 1 hour we can sometimes go over this time by 10-15 minutes if conversations are flowing.

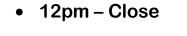
## Wednesday 25<sup>th</sup> November 2020, 11-12pm via MS Teams

## **CHIME – Connectedness**

- 11am Welcome, recap and overview of today's café
- Ted Talk and introduction to the Frazzled Cafes
   Ruby Wax, Comedian with lived experience, via a pre recorded Ted Talk video
   Lyn Williams, Associate Director for Quality Improvement
   Azar Richardson, Patient Leader with lived experience



- Café conversations
  Group discussion
- An introduction to the recovery concept of CHIME and this week's theme of Connectedness
   Lyn Williams, Associate Director for Quality Improvement
   Azar Richardson, Patient Leader with lived experience
- An Introduction to the Recovery College and the courses they offer The Recovery College





Future Café Dates and Themes;

- 21<sup>st</sup> December 1pm-2pm, Xmas Café, Hope
- 27<sup>th</sup> January 11am-12pm, Identity
- 26<sup>th</sup> February 1pm-2pm, Meaning
- 24<sup>th</sup> March 11am-12pm, Empowerment