

LOOKING AFTER SOMEONE?



If you provide help to a family member, friend or neighbour who cannot manage on their own, make sure you have a carers passport.

Carers Passports are designed to:

- Recognise the support you provide
- Raise awareness of caring
- Be conversation starters and ease recognition in a variety of situations
- Enable you to access support or service offers to those in a caring role

Your local support organisation who can provide your carers passport is:

Support for Carers T: 01858 468 543

E: maureen@supportforcarers.org W: www.supportforcarers.org

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Market Harborough, LE16 9HL